



## SENDCAA NEWS

CACFP Edition | April 2021



### Crediting Corn Tortilla Chips

When shopping for tortilla chips, be sure to check the ingredients. Corn that is not “whole” or “enriched” or is not treated with lime (nixtamalized) **does not credit** as a grain. Many tortilla corn chips are not creditable, so it may take a little searching. Call your home monitor if you are wanting any assistance in verifying if certain tortilla chips are creditable.

#### Creditable Label:

Whole White Corn, Vegetable Oil, Salt

#### Not Creditable Label:

Com, Vegetable Oil, Salt



Masa Flour (Whole Grain Yellow Corn with a Trace of Lime), Vegetable Oil (Contains Soybean, Corn, Cottonseed and/or Sunflower Oil), Salt.

### Program Reminders

#### Tax Reports

Tax Reports can be found in your KidKare account by going to:

Reports—Claim Statements—Tax Reports—2020—Run

**If you do not have access to internet and would like your report mailed to you, contact your home monitor or call our office at 701-232-2452.**

#### Claims

**Be sure KidKare or Manual claims are submitted or postmarked by the 3rd of each month. If submitted past this date, claims may be considered late and will not be paid until the following month.**

#### Enrollments

Please have signed and dated enrollments in our office, before you submit your claim.

To re-enroll a child you can:

- Use the SENDCAA child enrollment forms issued by our office
- Login to KidKare and print out a child enrollment from their profile or to re-enroll multiple children go to **Reports-Worksheet-Enrollment Renewal Worksheet**
- Have the parents manually update any info (address, schedule, etc) then sign and date
- If emailing/texting a picture be sure the picture is clear and easy to read, with all information in picture.

#### Infant Menu Reminders

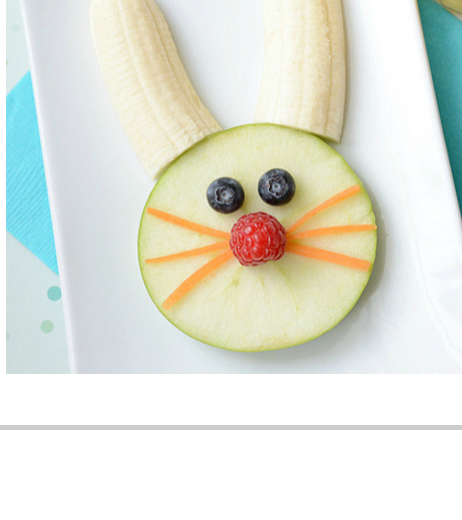
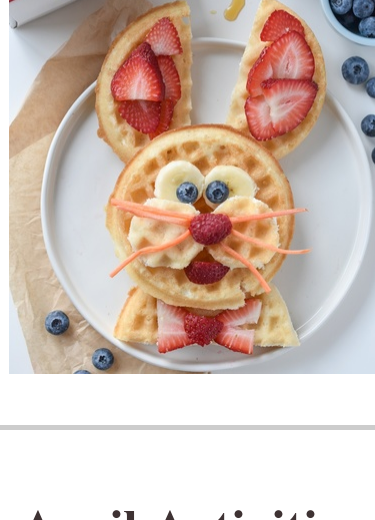
All infants, 6 months and older, are required to be offered all required components at all meals. If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.

### Weekly Menu Ideas

SENDCAA Child & Adult Care Food Program						
A Week's Worth of Menu Ideas						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Pineapple Cottage Cheese Milk	Blueberries WG Toast Milk	Orange Slices WG Honey Kix Milk	Pears WG Oatmeal Milk	Banana WG Mini Bagel Milk	
Lunch	Baked Tilapia Green Beans Corn WG Brown Rice Milk	HM Chicken Nuggets Sugar Snap Peas Honeydew Melon WG Pasta Milk	Turkey and Cheese Roll Up Potato Wedges Applesauce WG Tortilla Milk	Hamburger Peas Cantaloupe WG Buns Milk	Ground Beef Spaghetti Lettuce Salad Mixed Fruit WG Pasta Milk	
Snack	WG Cheerios® Milk	Carrot Sticks String Cheese	Animal Crackers Milk	English Muffin Yogurt	Apple Wedges Oyster Crackers	
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older						

### Holiday Food Creations

Celebrate Easter with a **Bunny** theme! Turn your meals and snack into cute bunny faces using a variety of fruits and veggies! If you would like to share your holiday food creations, message us on [Facebook](#) and we will post your fun childcare meal ideas!



### April Activities

The National CACFP Association has developed seasonal activity newsletters for your use. Each newsletter contains a recipe, craft activity, movement activity and info about the CACFP to share with your parents. Click each picture to download the newsletter.



### Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

[2021 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

### Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

### Provider Profile

The SENDCAA CACFP provider of the month is **Monica Dragt**.

**How long have you had your childcare business?** I started my program in the fall of 2000

**Why did you start the business?** I began doing child care because I was unable to find a quality program after the birth of our first child.

**How long have you participated with the food program?** I have been with the food program for 18 years (I think?)

**What do you like about the food program?** The food program provides me with guidance on proper nutrition for my kiddos, as well as being a great partner when having issues with a child not eating or a parent who is requesting something from me that isn't necessarily developmentally appropriate or safe.

**Children's favorite meal** - We grow a garden every year and the kiddos absolutely love helping pick things to have for lunch. They especially like ham and cheese sandwiches with cucumbers, bell peppers, lettuce salad & ranch, with apples and strawberries.

**Children's favorite activity** - My kiddos absolutely love spending time outside in our back yard or at one of the three surrounding parks. If we cannot be outside then they enjoy our music and movement time, as well as our “station” time so they are able to move from one activity to the next. Our preschool program is a favorite for our older kiddos.

Monica's Daily schedule -

6:30 - 8:00 open, breakfast and free play

8:00 - 8:30 dance time

8:30 - 9:30 preschool

9:30 - snack time / infant feedings

10:00 - 11:00 outside time or station time

11:00 - 12:00 set up nap, lunch time

12:00 - 2:30 quiet time

12:00 - 1:00 infant feedings

2:30 snack time

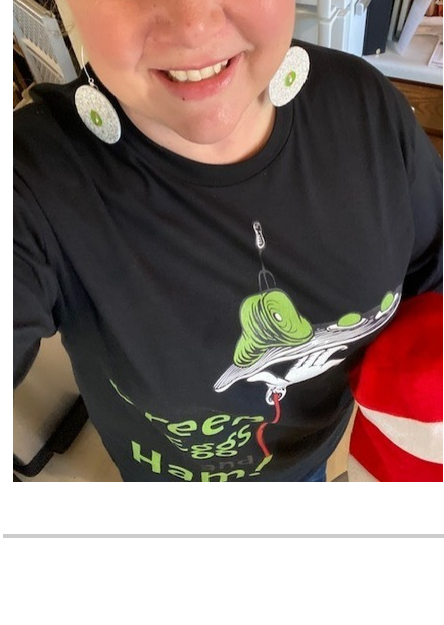
3:00 - 4:00 infant feedings

2:45 - 4:00 outside time or station time

4:00 last snack

4:00 - 5:30 free play and movie time

Thank you, Monica for being an amazing childcare provider and participating in the SENDCAA CACFP!



### Contact Us

Fargo

3233 University Drive South

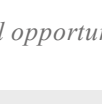
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Toll-free: 1-800-726-7960

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Website: [sendcaa.org/foodprogram](http://sendcaa.org/foodprogram)



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