

2019 ANNUAL REPORT

WWW.SENDCAA.ORG

**SOUTHEASTERN NORTH
DAKOTA COMMUNITY
ACTION AGENCY**

MESSAGE FROM SENDCAA EXECUTIVE DIRECTOR

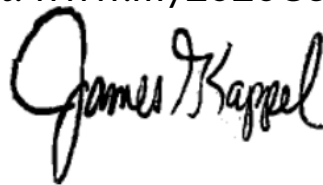
Poverty touches a large proportion of North Dakotans over their lifetimes. Sometimes it is a chronic condition that persists over several generations.

More than likely, poverty comes as a consequence of life's unfortunate tragedies, such as job loss, divorce, illness, or disability, which can destroy a family's ability to support itself. Most families will struggle against their predicament, and many will fight their way out of poverty.

SENDCAA provides the resources and services for families that are needed to wage this fight. We mobilize resources from public sources, foundations, and local businesses to combat the central causes and effects of poverty in our communities to help low-income families achieve self-sufficiency.

SENDCAA does have a clear vision to combat poverty that includes strategies to ensure that low-income people have jobs that pay a living wage, access to basic needs for those with insufficient income, and affordable housing.

Also, the 2020 Census is here! It is critically important to North Dakota and Region V for all of us to complete the Census. Fill your form online today at: www.my2020Census.gov



Jim Kappel, Executive Director



BY THE NUMBERS

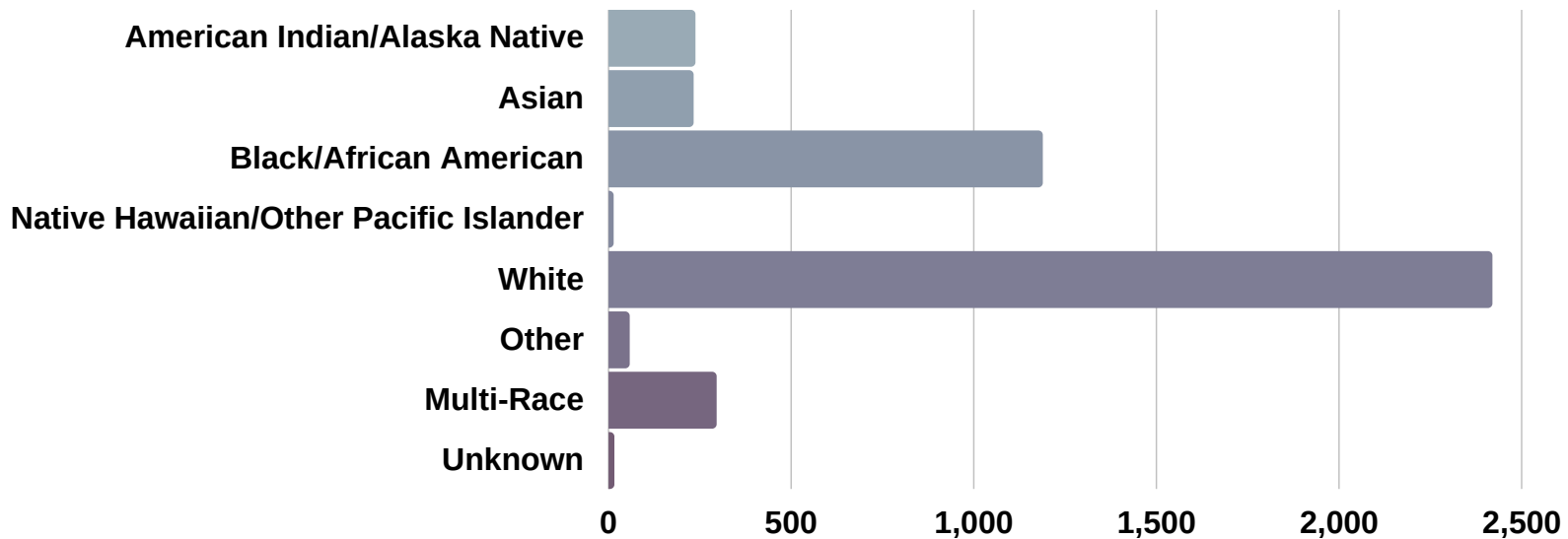


We served
4,448
people in 2019

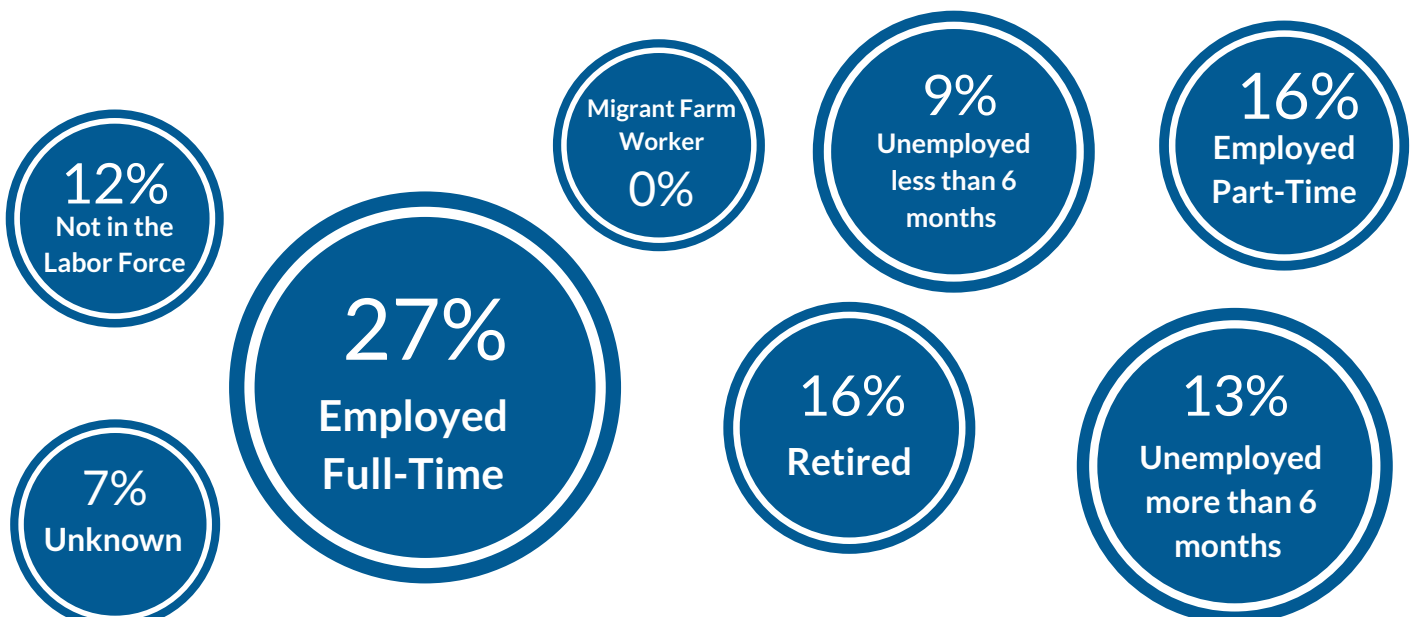


55% of people served
were women while 45%
were men, and .02%
identified as "Other"

RACE OF ALL INDIVIDUALS



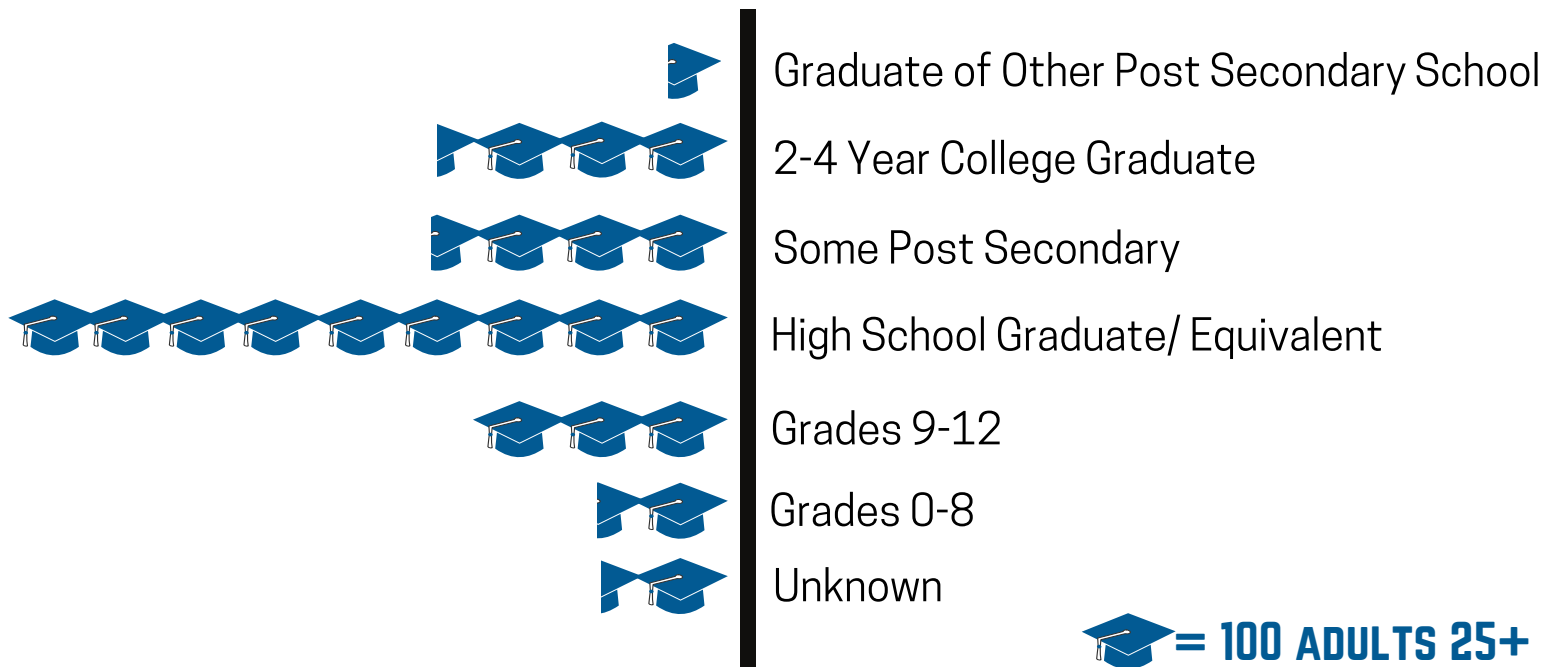
EMPLOYMENT STATUS OF ADULTS REPORTED



17% of people served were disabled

BY THE NUMBERS

HIGHEST LEVEL OF EDUCATION OF ADULTS REPORTED



IMPACT OF SENDCAA SERVICES



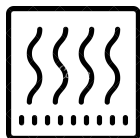
326

Individuals obtained or maintained housing



84%

Maintained Housing for 90 days after SENDCAA Assistance



370

Households with improved energy efficiency and/or energy burden reduction



653

Children demonstrated skills for school readiness



270

Seniors maintained independent living

SENDCAA HIGHLIGHTS

CHILD AND ADULT CARE FOOD PROGRAM



The SENDCAA Child and Adult Care Food Program (CACFP) sponsored 239 family child care homes and approximately 2,300 children in 2019. We have been serving child care providers in eastern North Dakota since 1981, making us the longest continuously running program in the state. With a highly qualified staff to assist with planning nutritious meals, provide free education classes and Growing Futures approved credit hours, we are proud to help healthy eating become a habit for younger generations.



Our staff offered nine hours of Growing Futures approved trainings, including an in-person training with Chef Cyndie Story to discuss strategies for encouraging young children to try a variety of foods. Other trainings included recipes/activities from the CACFP calendar and Nutrition and Wellness Tips for Young Children.



After 19 years with the CACFP, Geri Langseth retired and the coordinator position was filled by Martha Holte.

Quote from a provider: "Not only have you provided me with good, healthy, nutritional information, but you have also been a great source of strength and support for my program. ... It gave me an extra professional boost! Thanks for the encouragement and support."



SENDCAA HIGHLIGHTS

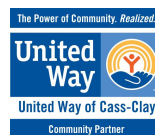
CHILD CARE

SENDCAA Child Care staff goes above and beyond in our childcare classroom as they continue to achieve Step 4 of Bright and Early ND. Bright & Early ND is an initiative led by the ND Department of Human Services to ensure that North Dakota's children receive the quality child care and preschool they need for success in school and life. Step 4 shows how staff have developed warm and supportive relationships with our children and between children. They place an emphasis on children's interests, motivations, and points of view in daily activities and interactions. They facilitate children's critical thinking and language development through interactions with children. Step 4 Quality Assured programs meet all requirements of Steps 1-4 (Health and Safety, Space and Materials, Activities and Experiences, Relationships and Interactions).

SENDCAA Child Care is proud to be providing an affordable, safe, quality childcare. With the research showing that a child's most important development years are between birth and five, parents have a higher educational expectations for their childcare. SENDCAA is committed to more individualized learning to maximize each child's potential. Utilizing the Teaching Strategies assessment program allows the teachers to align developmental objectives on each child with classroom observations allowing teachers to individualize each child's instruction. Working on those objectives promotes the children's social-emotional development and learning in the core areas of literacy, mathematics, science, and social studies.

SENDCAA Child Care has had a very low teacher turn-over rate. Since we opened in 1991, we have had only two Head teachers who have left the childcare center to further their careers. With the same teachers over the years, staff have been able to watch the development with each child and the children have a safe and secure place to come every day knowing who is going to watch them.

SENDCAA Child Care is thankful for support given by United Way of Cass Clay.



SENDCAA HIGHLIGHTS

HOME ENERGY AND REHABILITATION



Low-income households typically spend 17% of their total income on energy while other households only spend about 4%. In many cases this leaves low-income families choosing between heat and other necessities. Weatherization decreases the energy cost burden and puts those much needed dollars back in to the pockets of the people in our community. SENDCAA completed 92 weatherization projects in 2019 saving an average of \$300 per home in the first year. The energy measures installed through our weatherization program have an average lifetime of 20 years. This means we will save over \$500,000 in energy costs from the homes weatherized in our region in 2019.



The most recent national survey of weatherization that was conducted by the Department of Energy noted that the health benefits of weatherization are significantly greater than energy savings. Things like decreased doctor and emergency room visits as well as less missed days at work and school due to sickness greatly decrease after weatherization. According to the survey \$14,148 is saved for each weatherized household in health benefits over the lifetime of weatherization measures. This means over \$1.3 million dollars will be saved in health benefits from the 92 homes that were weatherized in 2019.

Our highly trained weatherization energy auditor verifies that homes have sufficient wall, attic and foundation insulation. Also included in the audit is making sure doors and windows are efficient. If we find inadequacies in these measures, a computerized audit shows how addressing these measures (i.e. attic insulation, doors, etc.) will save energy and money. The weatherization crews complete these measures that show significant savings.



Weatherization can also address health and safety issues including moisture reduction, smoke and carbon monoxide detectors and improving indoor air quality. After weatherization work is completed, the crews will then perform extensive diagnostic testing to ensure the home is as efficient as possible and all fuel burning appliances are operating safely. In addition, all weatherization clients have their furnace inspected, tested and cleaned by our furnace technician if needed.

Our Emergency Furnace, Water Heater and Cooling program was able to install 77 new efficient and safe heating systems and replaced 49 insufficient water heaters in 2019. The program also provided cooling devices for over 90 households whose occupants were over the age of 60 and/or have a documented medical need for a cooling device.

SENDCAA HIGHLIGHTS

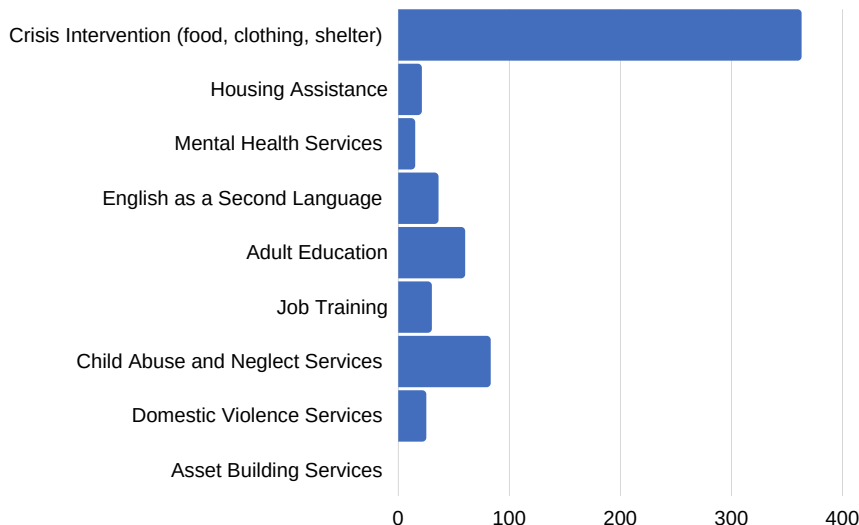
HEAD START BIRTH TO FIVE

Head Start children participated in dance class with Red River Dance Academy- this class was offered free of charge and one classroom received weekly lessons for a spring and fall semester. We helped Head Start and Early Head Start families meet their family goals. During the Week of the Young Child, April 8-12, 2019, SENDCAA Head Start Birth to Five celebrated with a week full of fun classroom activities to celebrate our youngest learners. Each day, we had a special celebration and invited parents in to join their child for this special week. We celebrated Music Monday, Tasty Tuesday, Work Together Wednesday, Artsy Thursday, and Family Friday.

We have a partnership with NDSU Extension, in which a registered dietitian comes to our centers and offers nutrition lessons to both families and children.

We developed a new partnership with a dental office that come onsite to provide dental treatment (depending on the case) for insured children with no cap on the number seen. Those dental partnerships provide our children with dental homes during their time in our program and extend after they leave Head Start.

We continue to work with families throughout the year to assess and meet the needs of our families that create potential barriers to be successful in school. The chart below indicates how many families we served that received services or referrals in a variety of areas.



SENDCAA HIGHLIGHTS

HOUSING



The Region V Community Development Corporation has a principle purpose of planning, owning and managing affordable housing projects in Southeastern North Dakota. These projects benefit lower income households, which are households with an annual income that does not exceed 80 percent of the county median income level. RVCDC manages 187 apartments and 6 commercial spaces.



After housing projects are developed, the RVCDC becomes involved with the operational phase that includes sales and marketing, leasing, and property management. As a property manager, the RVCDC's goal is to provide all services necessary and customary to ensure the proper management, maintenance, and operation of the housing project. The RVCDC property management staff has working knowledge, training, and experience in the administration of many programs.



As a housing developer and manager, RVCDC is responsible for making decisions to enhance the performance of a project, extend the economic life of the buildings, and maximize return on asset.



One major change for RVCDC in 2019 was that we ceased our collaboration with Southeast Human Services Center which previously housed residents at our Dakota Pioneer Building. We started negotiating with Fargo Housing and Redevelopment Authority to relocate tenants from the Lashkowitz High Rise building downtown. The plan is to have residents start occupying Dakota Pioneer some time in 2020. In keeping up with our great success record, all desk reviews and/or physical inspections completed by Department of Commerce and North Dakota Housing Finance Agency in 2019 passed with flying colors.

SENDCAA HIGHLIGHTS

SELF-SUFFICIENCY

SENDCAA's Self-Sufficiency Program provided 230 utility payments, 324 rent payments, case management to 178 individuals, and housing counseling to 148 individuals. This doesn't include all the work done in the Commodity Supplemental Food Program, tax preparation, and much more!

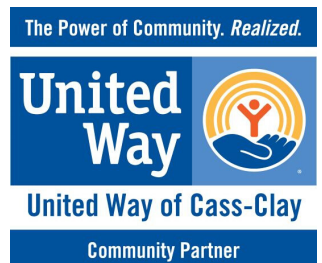
One story stands out when thinking about Self-Sufficiency's impact. SENDCAA case manager worked with someone who was living in their car and multiple housing barriers when she came to SENDCAA asking for help obtaining housing. She worked with her case manager to create a housing plan and received support to follow through with her goals to obtain housing. Her case manager was able to offer her support at the time of lease signing, move in and provided a welcome home basket with items we received through donations. This client continues to be successfully housed, and works with her case manager often to ensure their needs are being met. The landlords tell the case manager they have the biggest smile on their face every day.

2020 holds exciting new things for the Self-Sufficiency Department. We are thrilled to announce an addition of a new program designed to support individuals and families move out of poverty. SENDCAA Self-Sufficiency now offers Workforce Development.

The Workforce Development program is a collaborative project supported by the United Way of Cass Clay that provides case management supports for individuals' job skills training in high demand career areas such as manufacturing and healthcare.

The goal of the program is to provide training, education and support to low-income families to meet the skills gap and to address the three key components of a two-generation model: education, economic support and social capital. The Workforce Development Case Manager assists low-income individuals with the skills and support necessary to obtain and maintain living-wage employment in the highest-demand career areas in our region. Through this continued partnership the workforce development case manager will continue to provide support to clients in these NDSCS training programs: manufacturing and certified nursing assistant (CNA).

SENDCAA Self-Sufficiency is grateful for support from the Alex Stern Foundation, FM Area Foundation, Richland-Wilkin Community Foundation, and United Way of Cass Clay.



OUR PERFORMANCE

FY 2019 CSBG Annual Report

A. Total unduplicated number of all INDIVIDUALS about whom one or more characteristics were obtained:

4,448

B. Total unduplicated number of all HOUSEHOLDS about whom one or more characteristics were obtained:

2,014

1. Gender	Number of Individuals
Male	2006
Female	2441
Other	1
Unknown/not reported	
TOTAL (auto calculated)	4448

2. Age	Number of Individuals
0-5	1001
6-13	725
14-17	197
18-24	237
25-44	1134
45-54	285
55-59	142
60-64	211
65-74	301
75+	215
Unknown/not reported	
TOTAL (auto calculated)	4448

3. Education Levels	Number of Individuals
	[ages 14-24] [ages 25+]
Grades 0-8	100 136
Grades 9-12/Non-Graduate	196 298
High School Graduate	83 928
GED/Equivalency Diploma	
12 grade + Some Post-Secondary	37 345
2 or 4 years College Graduate	15 405
Graduate of other post-secondary sch	1 55
Unknown/not reported	2 121
TOTAL (auto calculated)	434 2288

4. Disconnected Youth	Number of Individuals
a. Youth ages 14-24 who are neither working or in school	24

5. Health	Number of Individuals
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6. Ethnicity/Race	Number of Individuals
a. Ethnicity	
a.1. Hispanic, Latino or Spanish Origins	231
a.2. Not Hispanic, Latino or Spanish Origins	4187
a.3. Unknown/not reported	30
a.4. TOTAL (auto calculated)	4448

b. Race	
b.1. American Indian or Alaska Native	236
b.2. Asian	231
b.3. Black or African American	1187
b.4. Native Hawaiian and Other Pacific Islander	12
b.5. White	2418
b.6. Other	56
b.7. Multi-race (two or more of the above)	294
b.8. Unknown/not reported	14
b.9. TOTAL (auto calculated)	4448

7. Military Status	Number of Individuals
a. Veteran	127
b. Active Military	3
c. Never Served in the Military	2388
d. Unknown/not reported	7
e. TOTAL (auto calculated)	2525

8. Work Status (Individuals 18+)	Number of Individuals
a. Employed Full-Time	687
b. Employed Part-Time	393
c. Migrant or Seasonal Farm Worker	
d. Unemployed (Short-Term, 6 months or less)	223
e. Unemployed (Long-Term, more than 6 months)	322
f. Unemployed (Not in Labor Force)	312
g. Retired	405
h. Unknown/not reported	183
i. Total (autocalculated)	2525

OUR PERFORMANCE

	Yes	No	Unknown
a. Disabling Condition	761	3646	41
	Yes	No	Unknown
b. Health Insurance*	3868	462	118

*If an individual reported that they had Health Insurance

Health Insurance Sources

c.1. Medicaid	2609
c.2. Medicare	642
c.3. State Children's Health Insurance Program	48
c.4. State Health Insurance for Adults	115
c.5. Military Health Care	161
c.6. Direct-Purchase	101
c.7. Employment Based	497
c.8. Unknown/not reported	108
c.9. TOTAL (auto calculated)	4281

OUR PERFORMANCE

D. HOUSEHOLD LEVEL CHARACTERISTICS

9. Household Type Number of Households

a. Single Person	1000
b. Two Adults NO Children	125
c. Single Parent Female	474
d. Single Parent Male	51
e. Two Parent Household	307
f. Non-related Adults with Children	8
g. Multigenerational Household	39
h. Other	10
i. Unknown/not reported	
j. TOTAL (auto calculated)	2014

10. Household Size Number of Households

a. Single Person	1000
b. Two	305
c. Three	239
d. Four	194
e. Five	139
f. Six or more	137
g. Unknown/not reported	
h. TOTAL (auto calculated)	2014

11. Housing Number of Households

a. Own	421
b. Rent	1472
c. Other permanent housing	16
d. Homeless	69
e. Other	22
f. Unknown/not reported	14
g. TOTAL (auto calculated)	2014

12. Income Number of Households

(% of HHS Guideline)

a. Up to 50%	882
b. 51% to 75%	267
c. 76% to 100%	310
d. 101% to 125%	254
e. 126% to 150%	95
f. 151% to 175%	60
g. 176% to 200%	55
h. 201% to 250%	39
i. 251% and over	52
j. Unknown/not reported	
k. TOTAL (auto calculated)	2014

13. Sources of Household Income Number of Households

a. Income from Employment Only	379
b. Income from Employment and Other Income Source	108
c. Income from Employment, Other, and Non-Cash Benefits	41
d. Income from Employment and Non-Cash Benefits	204
e. Other Income Source Only	514
f. Other Income Source and Non-Cash Benefits	136
g. No Income	539
h. Non-Cash Benefits Only	93
i. Unknown/not reported	
j. TOTAL (auto calculated)	2014

14. Other Income Source Number of Households

a. TANF	25
b. Supplemental Security Income (SSI)	102
c. Social Security Disability Income (SSDI)	105
d. VA Service-Connected Disability Compensation	27
e. VA Non-Service Connected Disability Pension	5
f. Private Disability Insurance	1
g. Worker's Compensation	3
h. Retirement Income from Social Security	478
i. Pension	46
j. Child Support	103
k. Alimony or other Spousal Support	2
l. Unemployment Insurance	12
m. EITC	
n. Other	26
o. Unknown/not reported	

Section D.14 Status

15. Non-Cash Benefits Number of Households

a. SNAP	399
b. WIC	189
c. LIHEAP	2
d. Housing Choice Voucher	11
e. Public Housing	16
f. Permanent Supportive Housing	
g. HUD-VASH	2
h. Childcare Voucher	6
i. Affordable Care Act Subsidy	2
j. Other	15
k. Unknown/not reported	

OUR PERFORMANCE

Employment (FNPI 1)		Number of Individuals	Target	Actual Results
FNPI 1b The number of unemployed adults who obtained employment (<u>up to a living wage</u>).		3	2	2
FNPI 1c The number of unemployed adults who obtained and maintained employment for at least 90 days (<u>up to a living wage</u>).		1	1	1
FNPI 1d The number of unemployed adults who obtained and maintained employment for at least 180 days (<u>up to a living wage</u>).		1	1	1
Education and Cognitive Development (FNPI 2)				
FNPI 2a The number of children (0 to 5) who demonstrated improved emergent literacy skills.		654	700	653
FNPI 2b The number of children (0 to 5) who demonstrated skills for school readiness.		654	700	653
FNPI 2c The number of children and youth who demonstrated improved positive approaches toward learning, including improved attention skills. (auto total).		654	700	653
	FNPI 2c.1 Early Childhood Education (ages 0-5)	654	700	653
FNPI 2d The number of children and youth who are achieving at basic grade level (academic, social, and other school success skills). (auto total)		684	725	681
	FNPI 2d.1 Early Childhood Education (ages 0-5)	654	700	653
Income and Asset Building (FNPI 3)				
FNPI 3a The number of individuals who achieved and maintained capacity to meet basic needs for <u>90 days</u> .		30	25	28
FNPI 3b The number of individuals who achieved and maintained capacity to meet basic needs for <u>180 days</u> .		23	18	16
FNPI 3c The number of individuals who opened a <u>savings account or IDA</u>		6	6	5
FNPI 3d The number of individuals who <u>increased their savings</u>		6	6	5
FNPI 3e The number of individuals who used their savings to <u>purchase an asset</u>		5	3	2
Housing (FNPI 4)				
FNPI 4a The number of individuals experiencing homelessness who obtained <u>safe temporary shelter</u> .		5	5	4
FNPI 4b The number of individuals who obtained <u>safe and affordable housing</u>		296	275	294
FNPI 4c The number of individuals who maintained safe and affordable housing for <u>90 days</u>		200	175	193
FNPI 4d The number of individuals who maintained safe and affordable housing for <u>180 days</u>		75	75	62
FNPI 4e The number of individuals who <u>avoided eviction</u>		247	225	245
FNPI 4g The number of individuals who <u>experienced improved health and safety</u> due to improvements within their home (e.g. reduction or elimination of lead, radon, carbon dioxide and/or fire hazards or electrical issues, etc).		165	150	159
FNPI 4h The number of individuals with <u>improved energy efficiency and/or energy burden reduction</u> in their homes.		912	800	898

OUR PERFORMANCE

Health and Social/Behavioral Development (FNPI 5)				
FNPI 5b	The number of individuals who demonstrated <u>improved physical health</u> and well-being.	400	350	396
FNPI 5f	The number of <u>seniors (65+)</u> who maintained an independent living situation.	280	225	270
FNPI 5g	The number of <u>individuals with disabilities</u> who maintained an independent living situation.	372	325	350
FNPI 5h	The number of <u>individuals with a chronic illness</u> who maintained an independent living situation.	220	200	209
Civic Engagement and Community Involvement Indicators (FNPI 6)				
FNPI 6a	The number of individuals who increased skills, knowledge, and abilities to enable them to work with Community Action to improve conditions in the community.	20	15	18
	FNPI 6a.3 Of the above, the number of Community Action program participants who gained other skills, knowledge and abilities to enhance	20	15	18
Outcomes Achieved Across One or More Domains (FNPI 7)				
FNPI 7a	The number of individuals who achieved one or more outcomes in the identified National Performance Indicators in one or more domains.	2431	2700	2427

OUR PERFORMANCE

Services Provided	Number of Individuals Served
SRV 2a Early Head Start	87
SRV 2b Head Start	586
SRV 2c Other Early-Childhood (0-5 yr. old) Education	34
SRV 2bb Scholarships	3
SRV 3b Financial Coaching/Counseling	7
SRV 3m Saving Accounts/IDAs and other asset building accounts	5
SRV 3o VITA, EITC, or Other Tax Preparation programs	420
SRV 4c Rent Payments (includes Emergency Rent Payments)	326
SRV 4d Deposit Payments	158
SRV 4f Eviction Counseling	239
SRV 4h Landlord/Tenant Rights Education	35
SRV 4i Utility Payments (LIHEAP-includes Emergency Utility Payments)	100
SRV 4j Utility Deposits	4
SRV 4k Utility Arrears Payments	428
SRV 4m Temporary Housing Placement (includes Emergency Shelters)	4
SRV 4o Permanent Housing Placements	88
SRV 4p Rental Counseling	54
SRV 4q Home Repairs (e.g. structural, appliance, heating systems. etc.) (Including Emergency Home Repairs)	455
SRV 4t Energy Efficiency Improvements (e.g. insulation, air sealing, furnace repair, etc.)	253
SRV 5dd Child Dental Screenings/Exams	336
SRV 5jj Food Distribution (Food Bags/Boxes, Food Share Program, Bags of Groceries)	413
SRV 6c Tri-partite Board Membership	30
SRV 7a Case Management	169
SRV 7c Referrals	2094
SRV 7d Transportation Services (e.g. bus passes, bus transport, support for auto purchase or repair; including emergency services)	7
SRV 7f Child Care payments	3

2019 FINANCIAL REPORT

Southeastern North Dakota Community Action Agency
UNAUDITED - Statement of Revenues and Expenditures
Year Ended December 31, 2019

	<u>Total</u>
Revenues	
Grant Revenue	6,792,641
USDA meal reimbursements	1,514,393
Contributions	37,296
Rent Income	32,018
Contract income and fees	524,418
Other	42,561
Total revenues	<u>8,943,327</u>
Expenditures	
Salaries and wages	3,774,803
Fringe benefits	991,126
Occupancy	532,513
Supplies	170,552
Equipment lease and maintenance	211,908
Materials	598,601
Food, rent, and other assistance	1,927,525
Telephone	26,328
Printing	15,848
Postage	14,037
Travel, training, and mileage	164,884
Contractual services	240,223
Advertising	5,725
Dues, fees, and subscriptions	26,176
Insurance	78,594
Interest	5,796
Other	
Total expenditures	<u>8,784,639</u>

2018 AUDITED FINANCIAL REPORT

Southeastern North Dakota Community Action Agency
AUDITED - Statement of Revenues and Expenditures
Year Ended December 31, 2018

	<u>Total</u>
Revenues	
Grant Revenue	6,496,042
USDA meal reimbursements	1,910,553
Contributions	39,844
Rent Income	41,374
Contract income and fees	517,918
Other	39,289
Total revenues	<u>9,045,020</u>
Expenditures	
Salaries and wages	3,632,807
Fringe benefits	934,440
Occupancy	545,085
Supplies	173,174
Equipment lease and maintenance	149,081
Materials	516,121
Food, rent, and other assistance	2,082,206
Telephone	24,536
Printing	19,726
Postage	14,379
Travel, training, and mileage	180,324
Contractual services	279,552
Advertising	5,294
Dues, fees, and subscriptions	33,238
Insurance	69,278
Interest	7,192
Other	(34,441)
Depreciation	91,401
Total expenditures	<u>8,723,393</u>