

Parent Provider Connections - May 2021



HOT AIR BALLOON

Have children decorate a paper plate. Cut the bottom off of a brown paper lunch sack and attach it to the plate using a hole puncher and two strings of yarn. You've created a hot air balloon!

DRINKING MILK

Non-dairy beverages that are not nutritionally equivalent to cow's milk are not a creditable replacement in the CACFP. Drinks made with nuts, rice, or coconut and sold as milk often contain little to no protein and do not meet those requirements. Read alternate beverage ingredient labels carefully.

CLOUDS ON A CRACKER

Graham crackers

4 ripe bananas, mashed

½ cup peanut butter

1 cup nonfat vanilla Greek yogurt

Add the mashed bananas to the yogurt and peanut butter and combine well. Spoon the banana mixture onto open graham crackers and create a sandwich. Place in freezer until frozen. Enjoy your fluffy cloud on a cracker!

#CACFPCREDITABLE

KEEP UP

Bring out the beach balls, go outside, and have children work together to see how long they can keep the ball in the air by gently hitting it underhand to each other. See if they can count to ten before it drops. For older children, can they play tennis? Bad Minton? Let them use their imaginations for their own beach ball fun.



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday