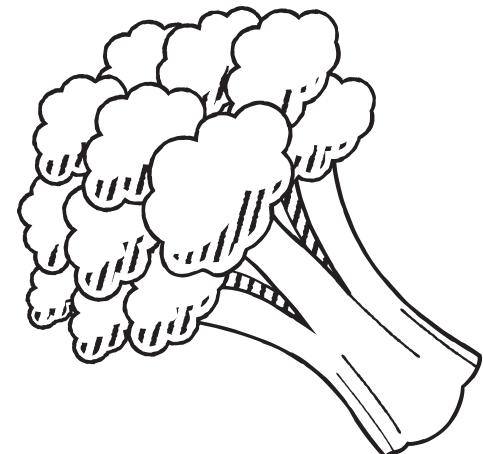
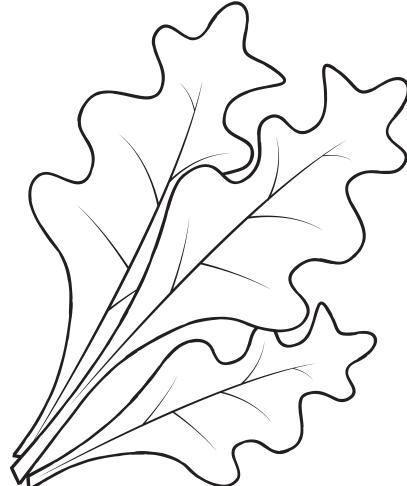
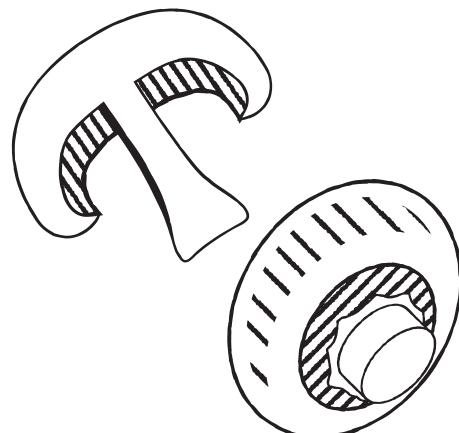
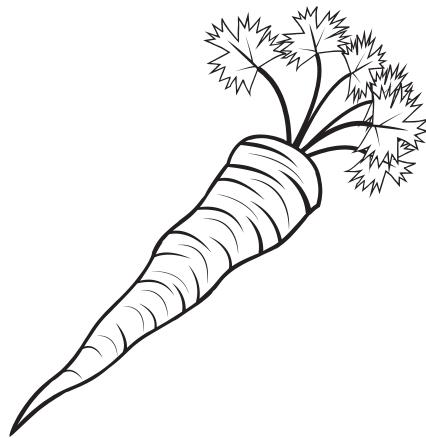
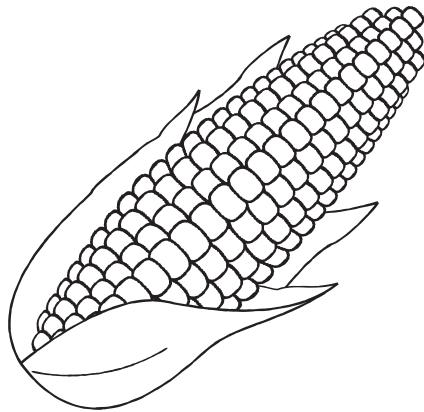


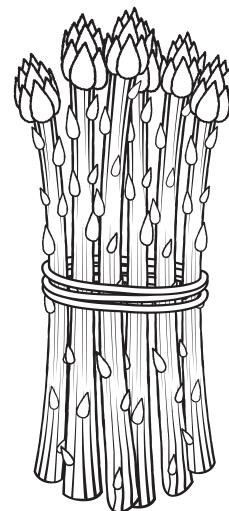
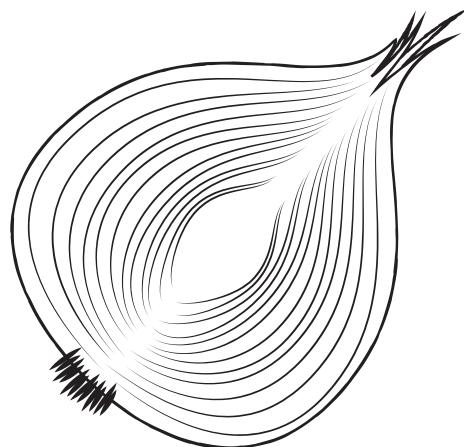
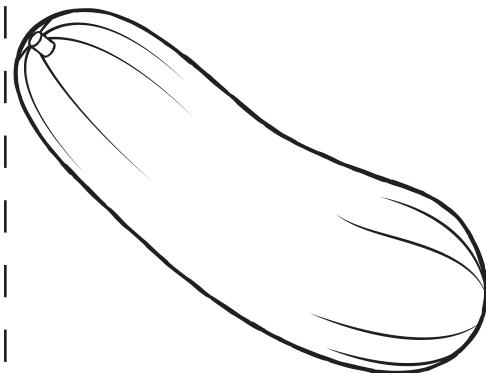
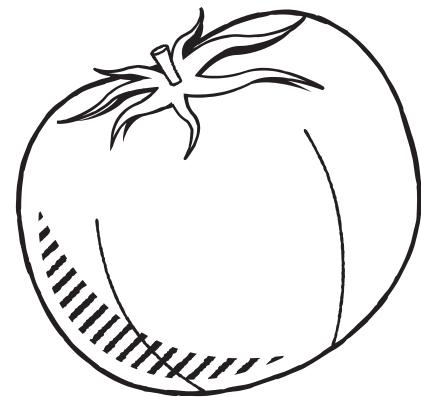
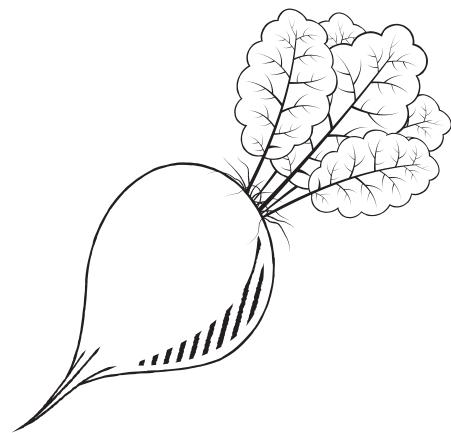
Find Our Friends

Print out one vegetable per child on card stock. Write one child's name on each vegetable and place them all into a bin, burying them in a material like packing peanuts. On "go," have each child take a turn finding a name in the sensory bin and then run to place the vegetable in a secondary bin at the finish line.



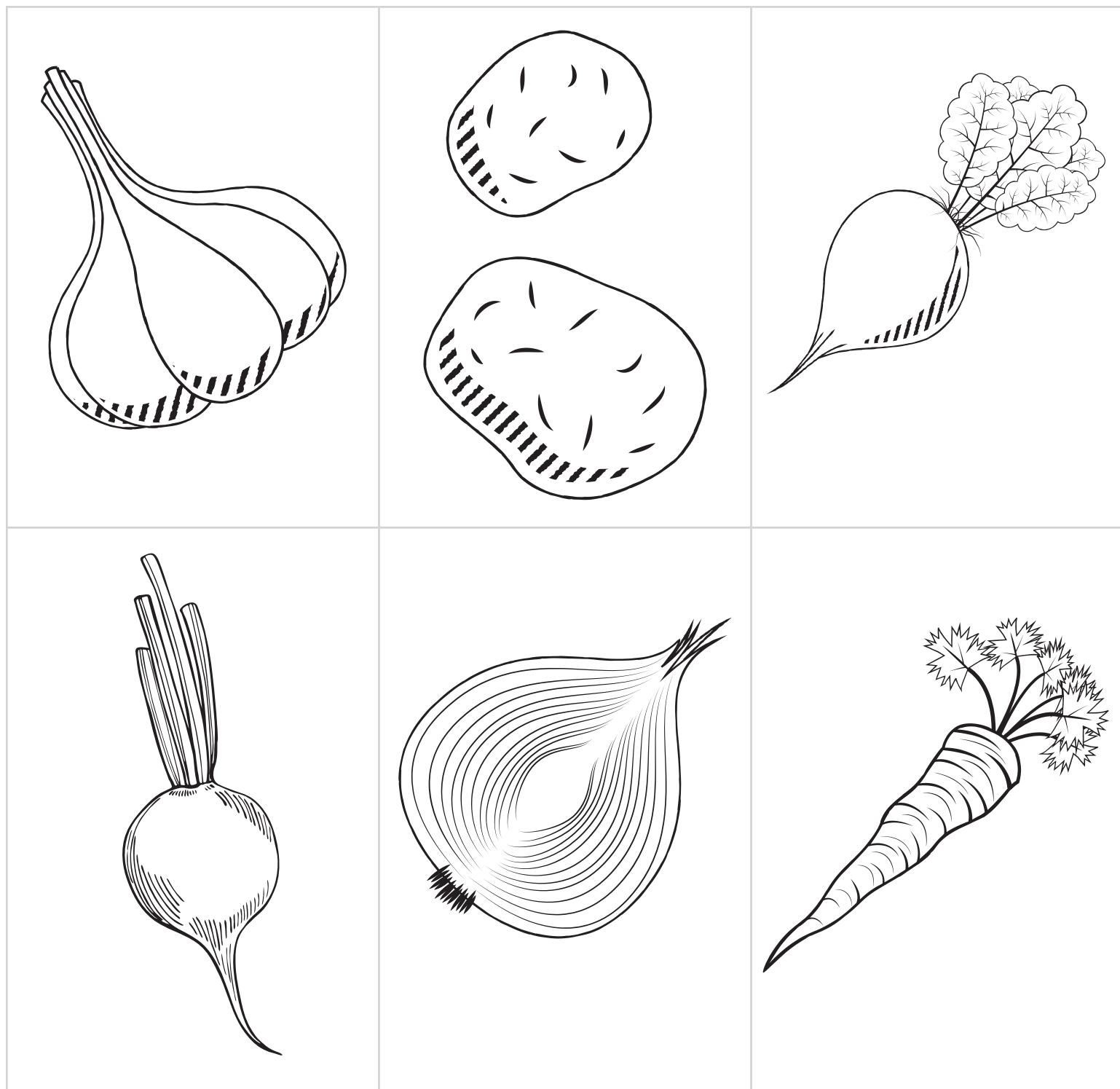
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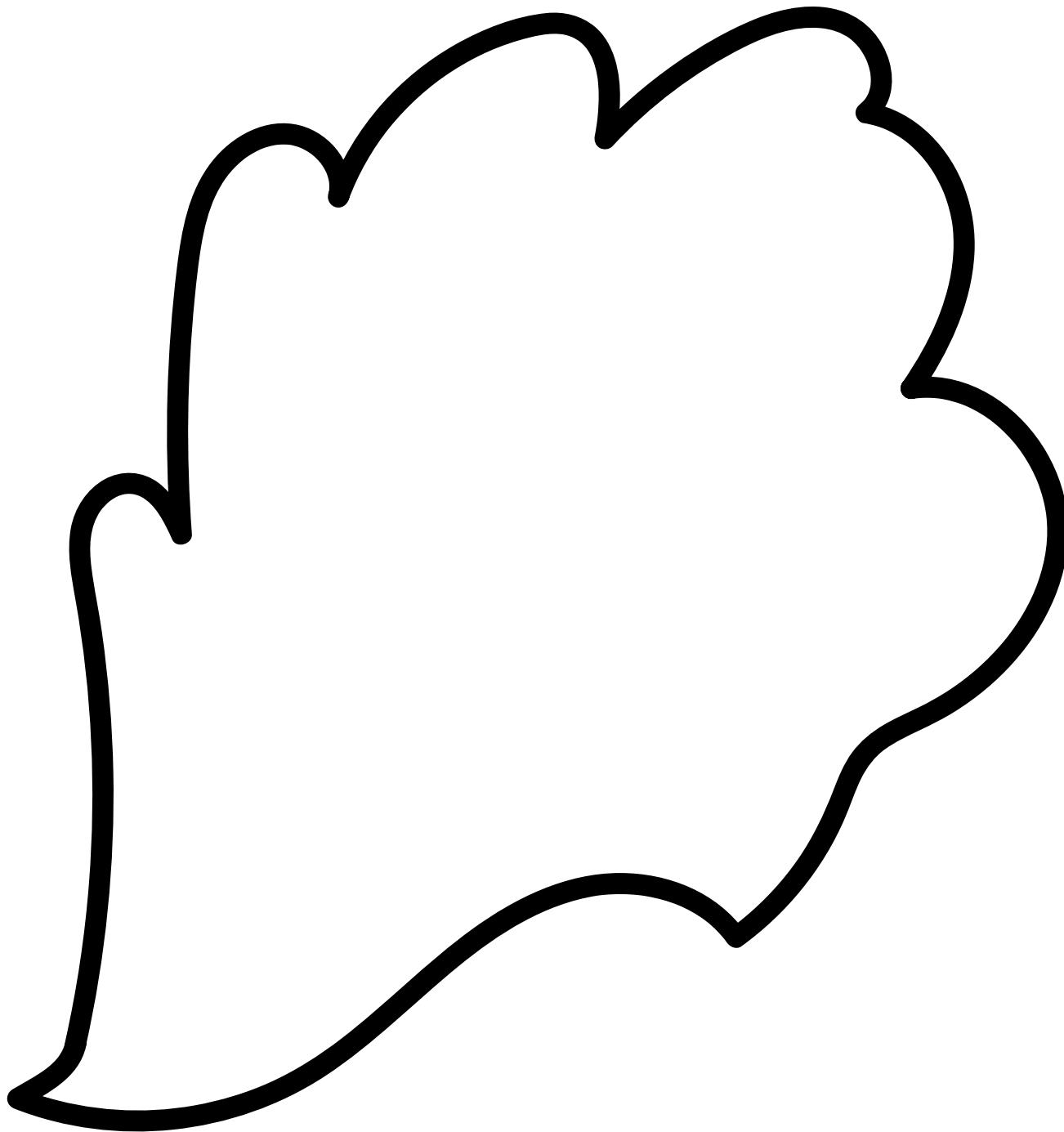
Yarn Garden Plates

Have children paint a paper plate half blue and half brown. Punch holes along the outside of the brown half using a hole puncher. Weave and crisscross brown yarn through the holes, creating garden dirt. Have the children decorate and then cut out the root vegetables on the template. Place the vegetables on the plate, behind the yarn. This will look like the vegetables are in the dirt.



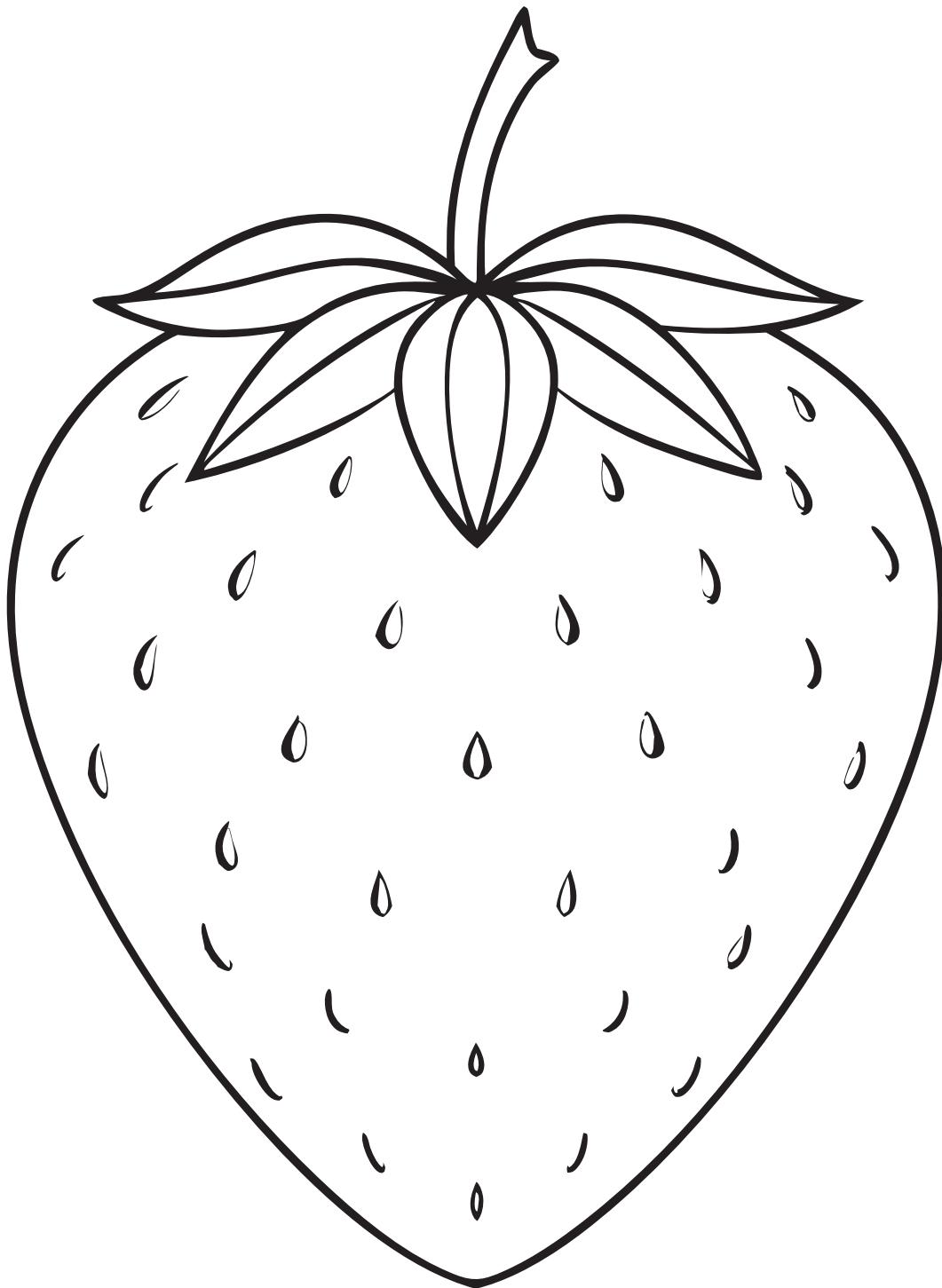
Let-tuce Craft!

On watercolor paper, help the children squeeze random glue squiggly lines to create the illusion of lettuce leaf veins. After the glue dries, have the children paint over the glue with watercolors using shades of green and yellow. Once dried, they can freely cut leaf shapes or use the leaf template.



Dauber Fruit

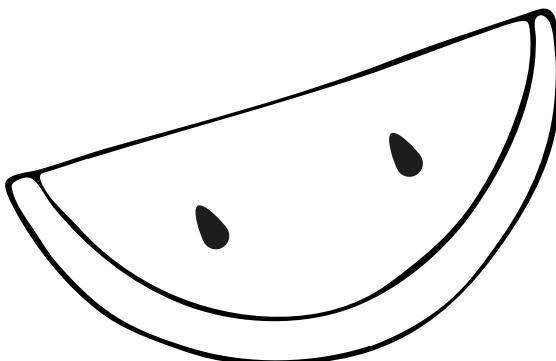
Show children how to paint the strawberry with a red dauber. Allow to dry, cut out and glue onto construction paper for background. With green beads or sequins, show the children how to glue on the seeds for their strawberry .



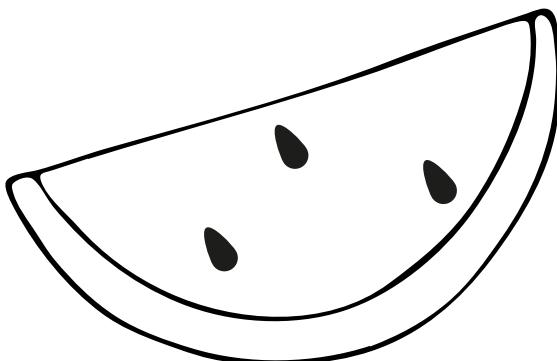
Move Over, Melon!

Cut out the activity cards and have children take turns drawing a card. When the card is drawn, they will hop, skip or jump the designated number of times shown on the card connecting nutrition education and gross movement learning. You can choose the movement or allow the children to choose their own movement.

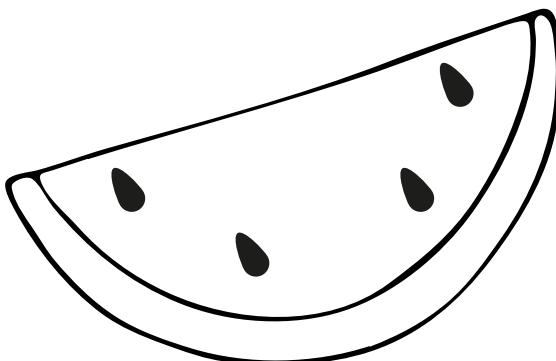
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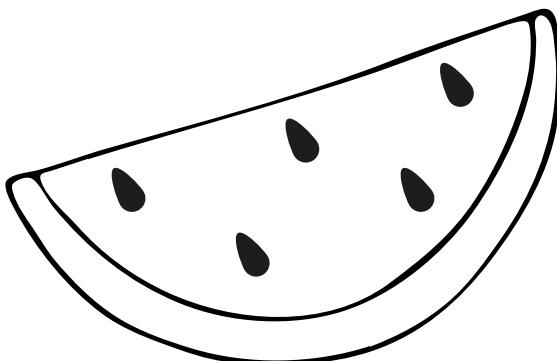
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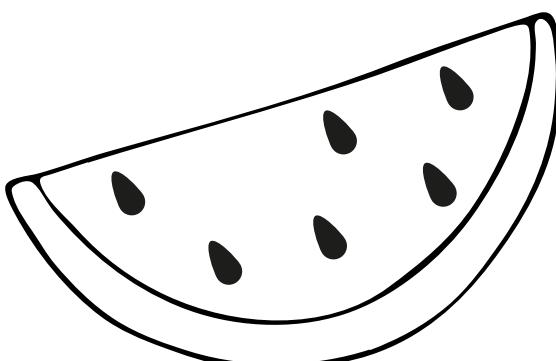
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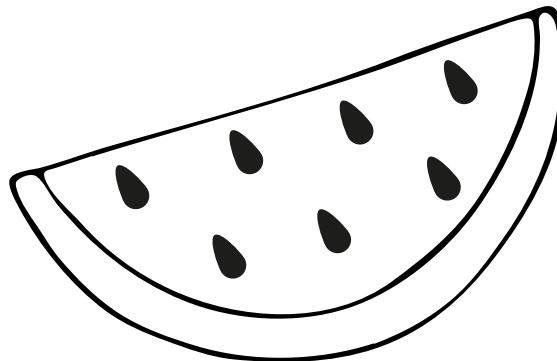
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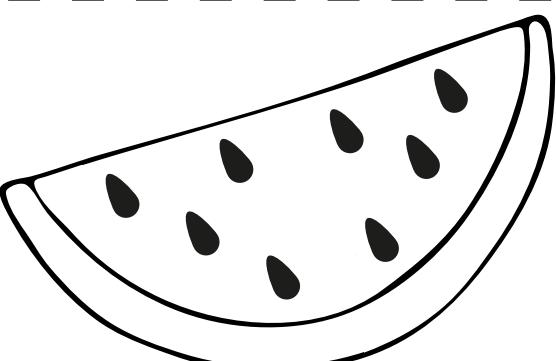
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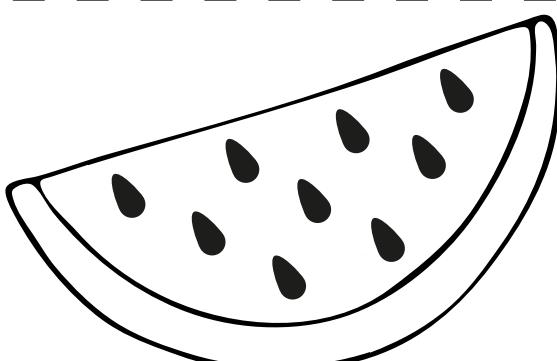
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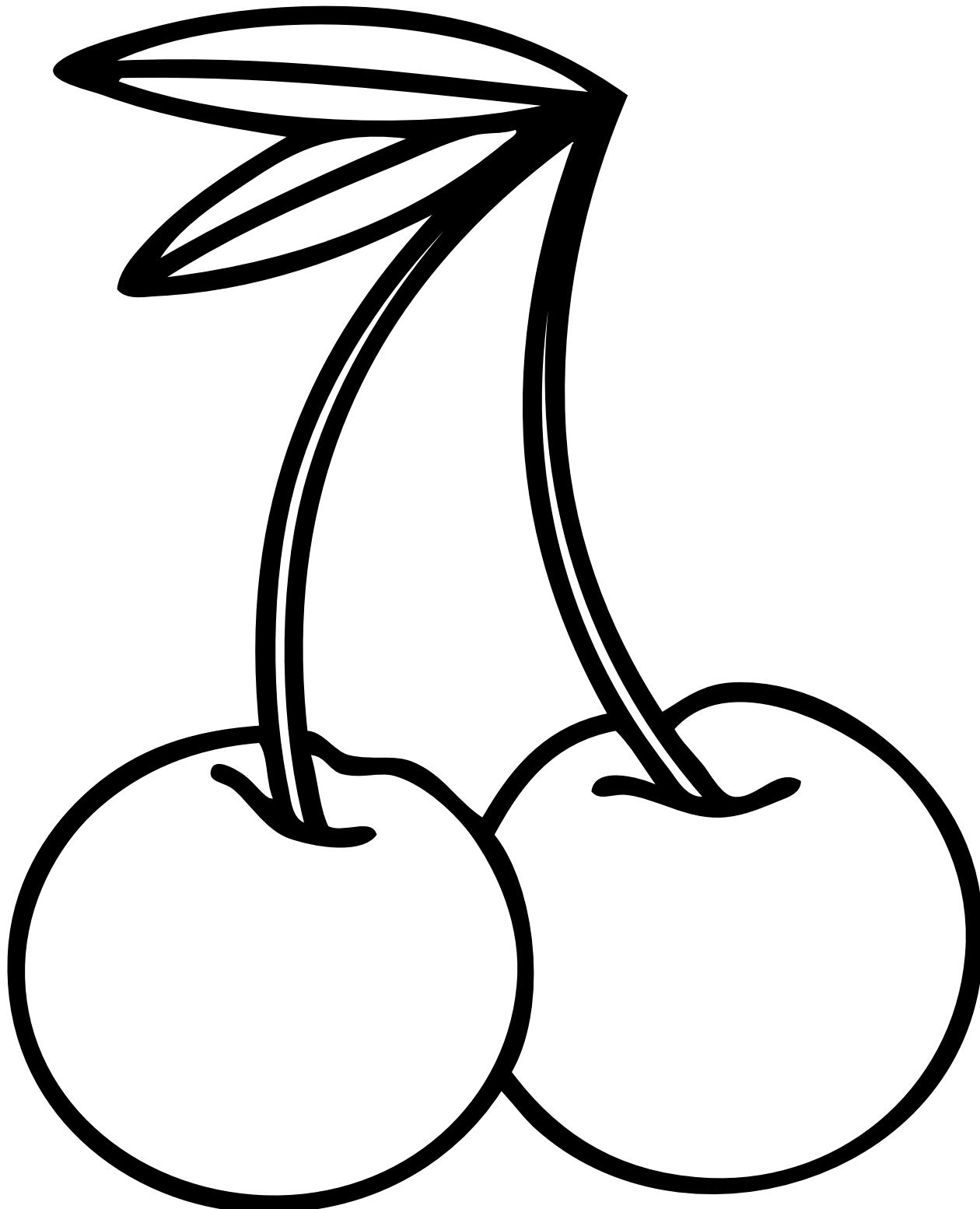


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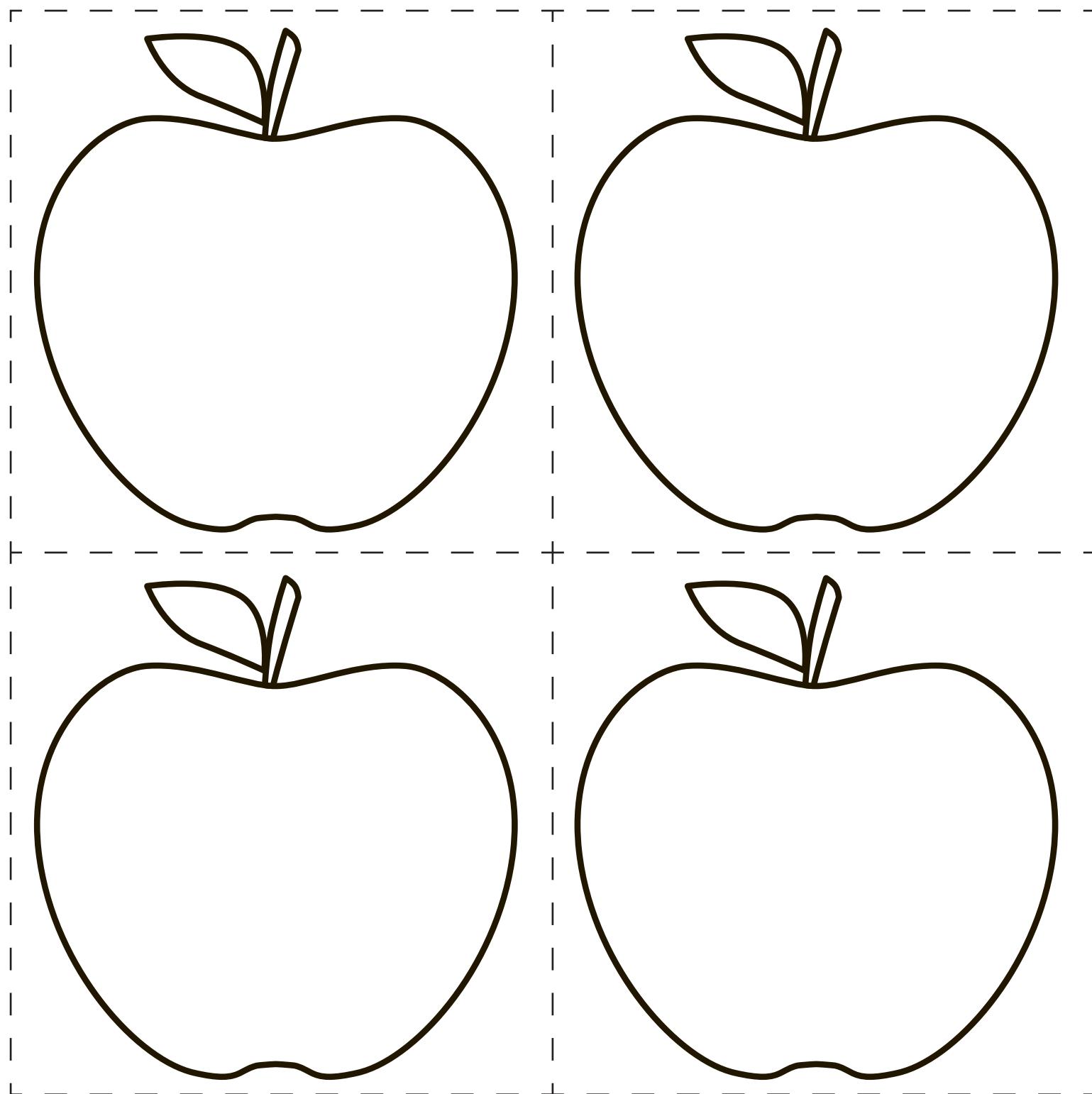
Cherry Pom Poms!

Print a pair of cherries onto cardstock paper for each child. Have the children paint the stem and leaves green. Once dried, practice fine motor skills by gluing red pom poms onto the body of the cherries.



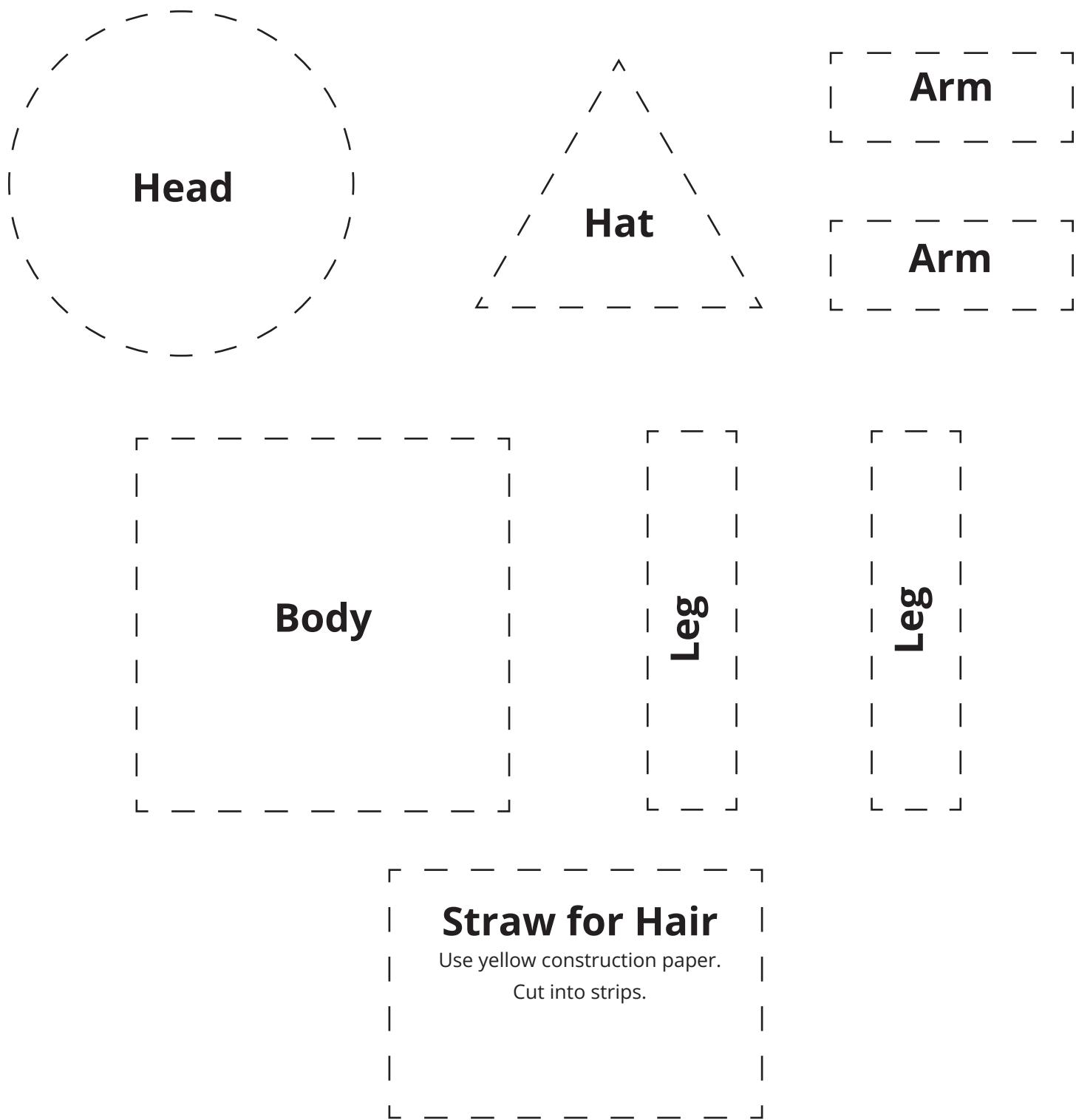
Honeycrisp Picking

Hide paper apples you've made from cardstock using the apple template around a safe play area. Turn on music and a timer to see how long it takes the children to find all the apples. Have the children take turns hiding them from one another for some orchard fun.



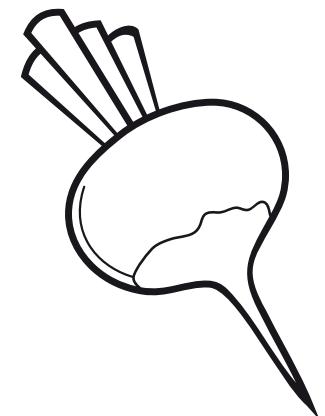
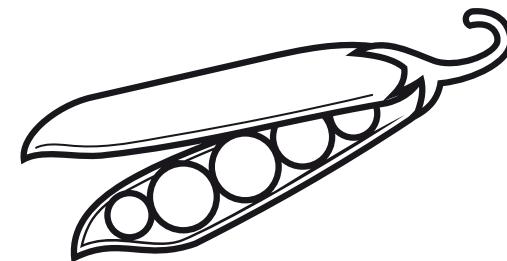
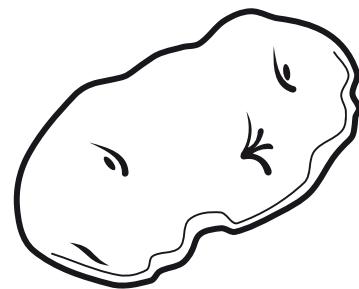
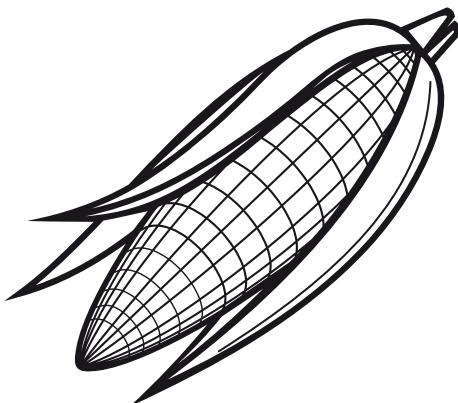
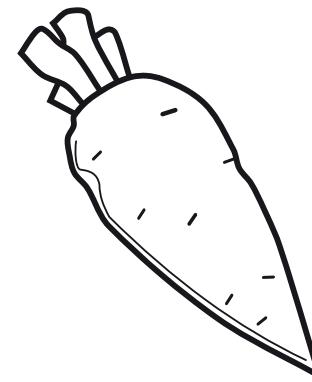
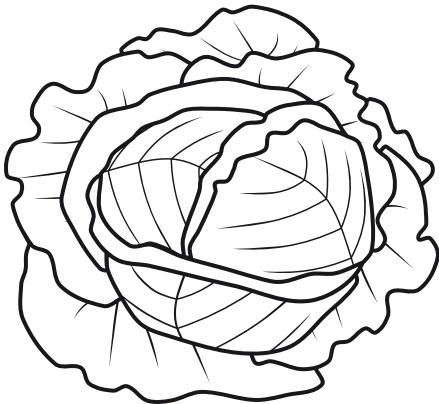
Garden Scarecrow

Ask children to paint scarecrow pieces. Help them cut the shapes out once dry. Next, have the children glue the pieces onto construction paper to craft their own scarecrow and finish by adding googly eyes and craft supplies.



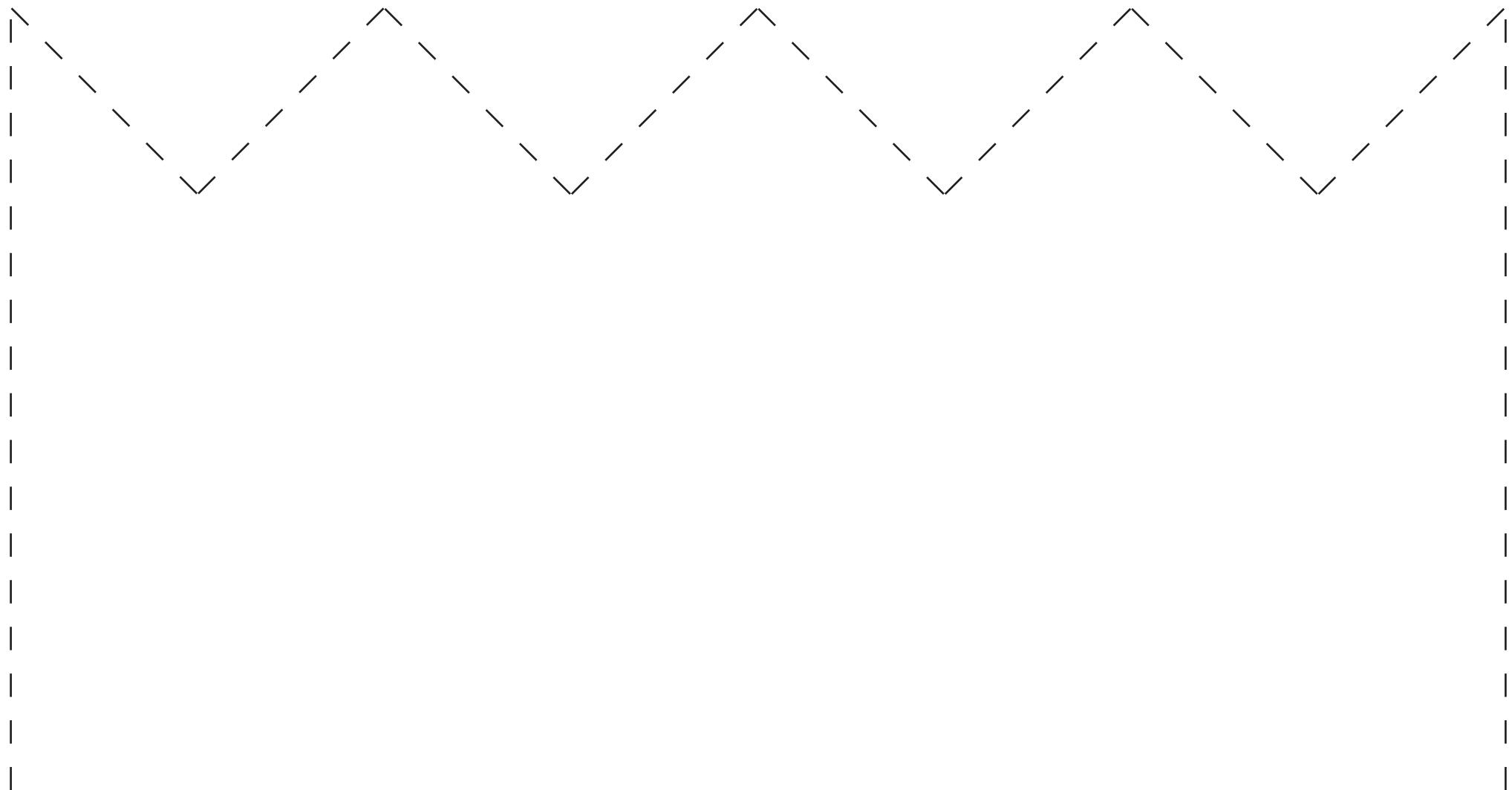
Fall Garden Crowns

Print out and help children cut and glue vegetables from the template onto paper crowns. Assist as needed to decorate with craft supplies. Complete the crown by helping the children attach a construction paper band to fit the crown to their heads.



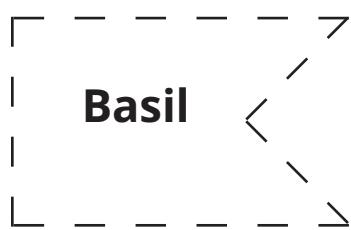
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Herbal Carton Garden

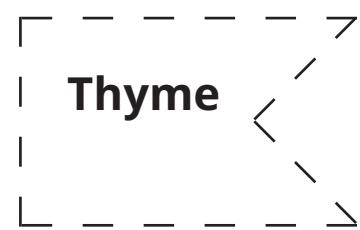
Have the children place soil and plant herb seeds in each cup of an egg carton. Create garden flags with the template to identify what's been planted. Show the children how to gently water their plants using a spray bottle. In a few weeks, there will be herbs to cook with!



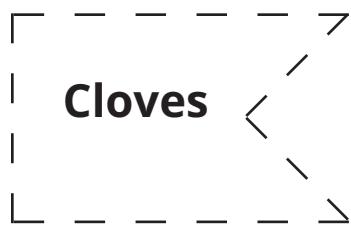
Basil



Nutmeg



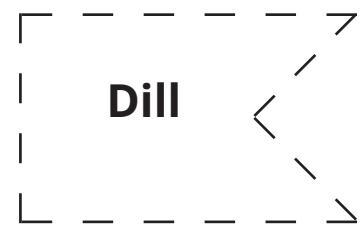
Thyme



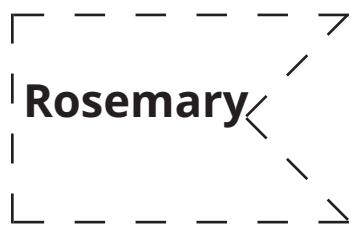
Cloves



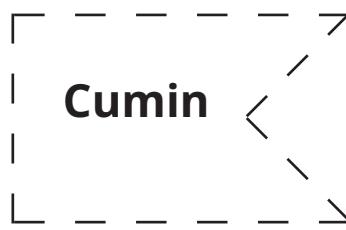
Oregano



Dill



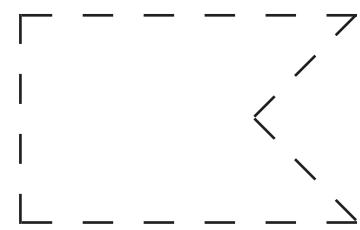
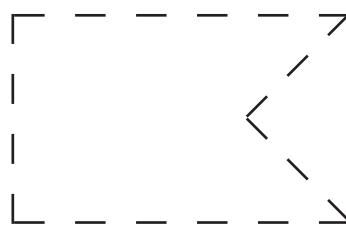
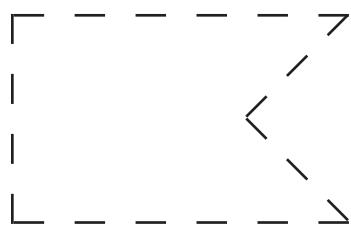
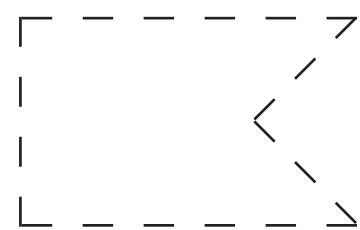
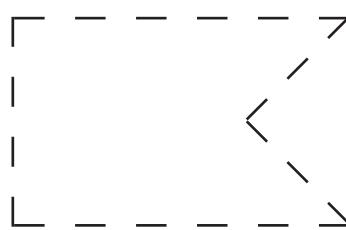
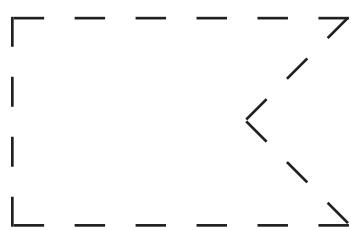
Rosemary



Cumin



Parsley



Garden Work Charades

Cut the garden activity cards. Children will take turns acting out these garden work activities. These can include, but are not limited to raking, shoveling, planting seeds, watering the garden, harvesting, pushing a wheelbarrow and pulling weeds.

Raking Leaves

Shoveling Dirt

Planting Seeds

Pulling Weeds

Watering Plants

Pushing a Wheelbarrow

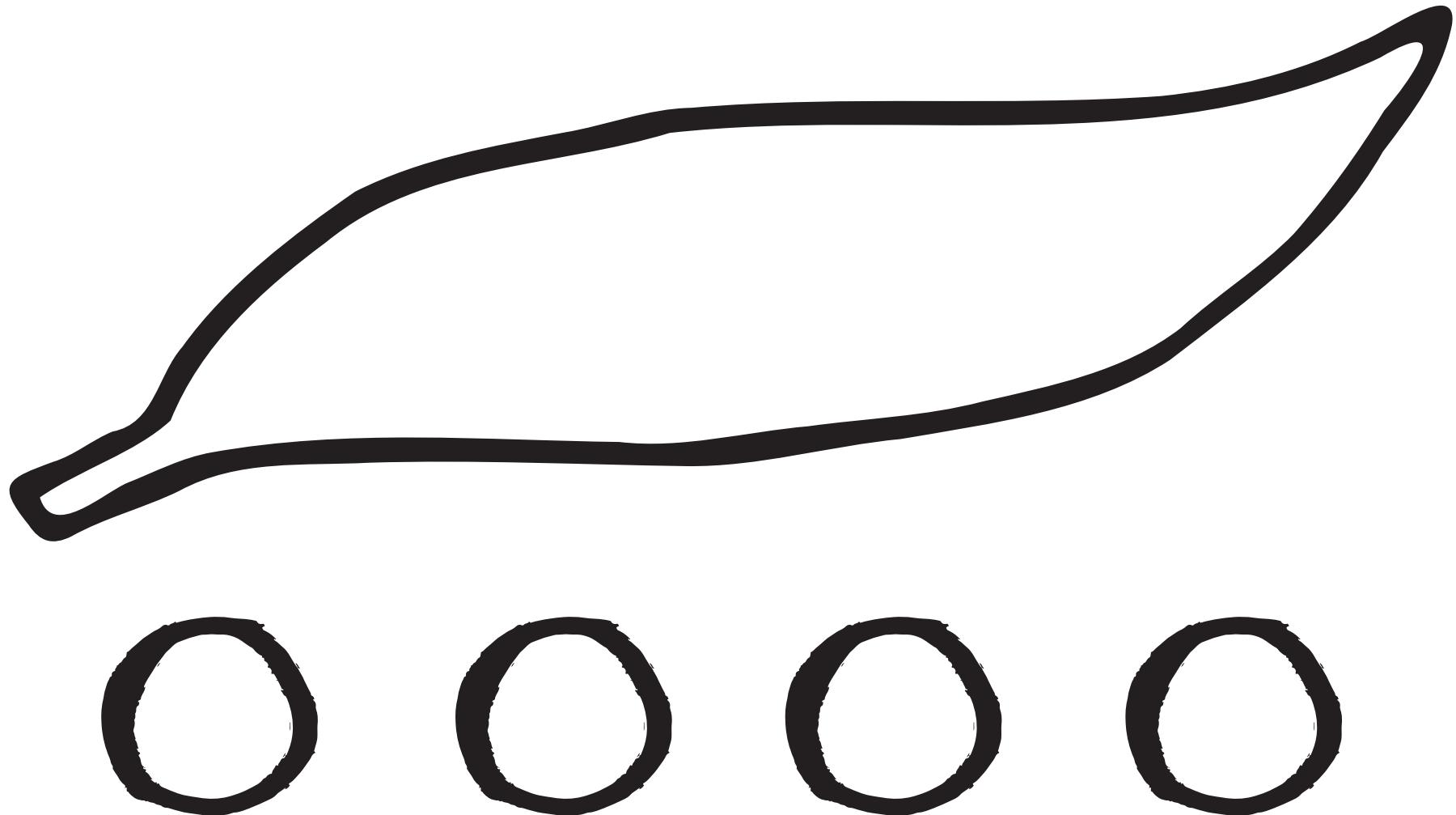
Harvesting from Trees

Harvesting from Ground

Harvesting from a Vine

Peas in a Pod

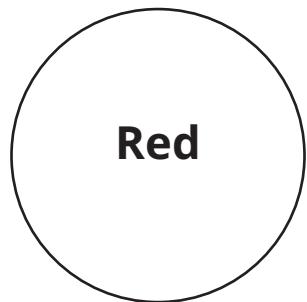
Cut out the peas and pod. Instruct children to color or paint all their pieces. Glue the pod onto construction paper for a background. Then the children will glue in their peas. Add eyes and faces with craft supplies for a little fun.



Flowers of the Rainbow

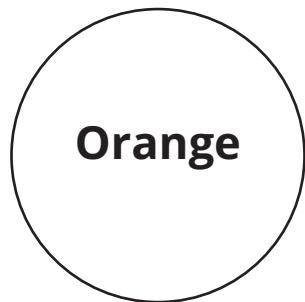
Allow the children to color in the color spot. Then go for a nature walk. The goal is to find a flower or plant for all the colors in the rainbow. Simply put a check in the box when you find it and leave nature for others to enjoy.

I found it!



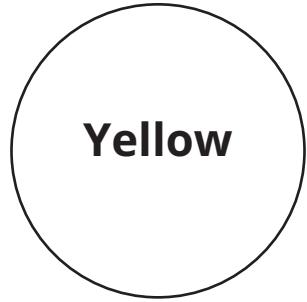
Red

I found it!



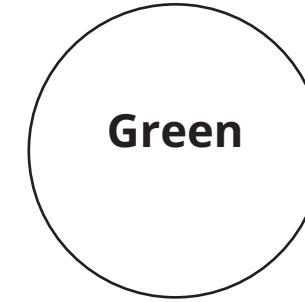
Orange

I found it!



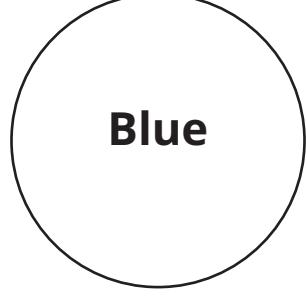
Yellow

I found it!



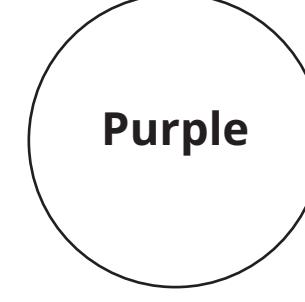
Green

I found it!



Blue

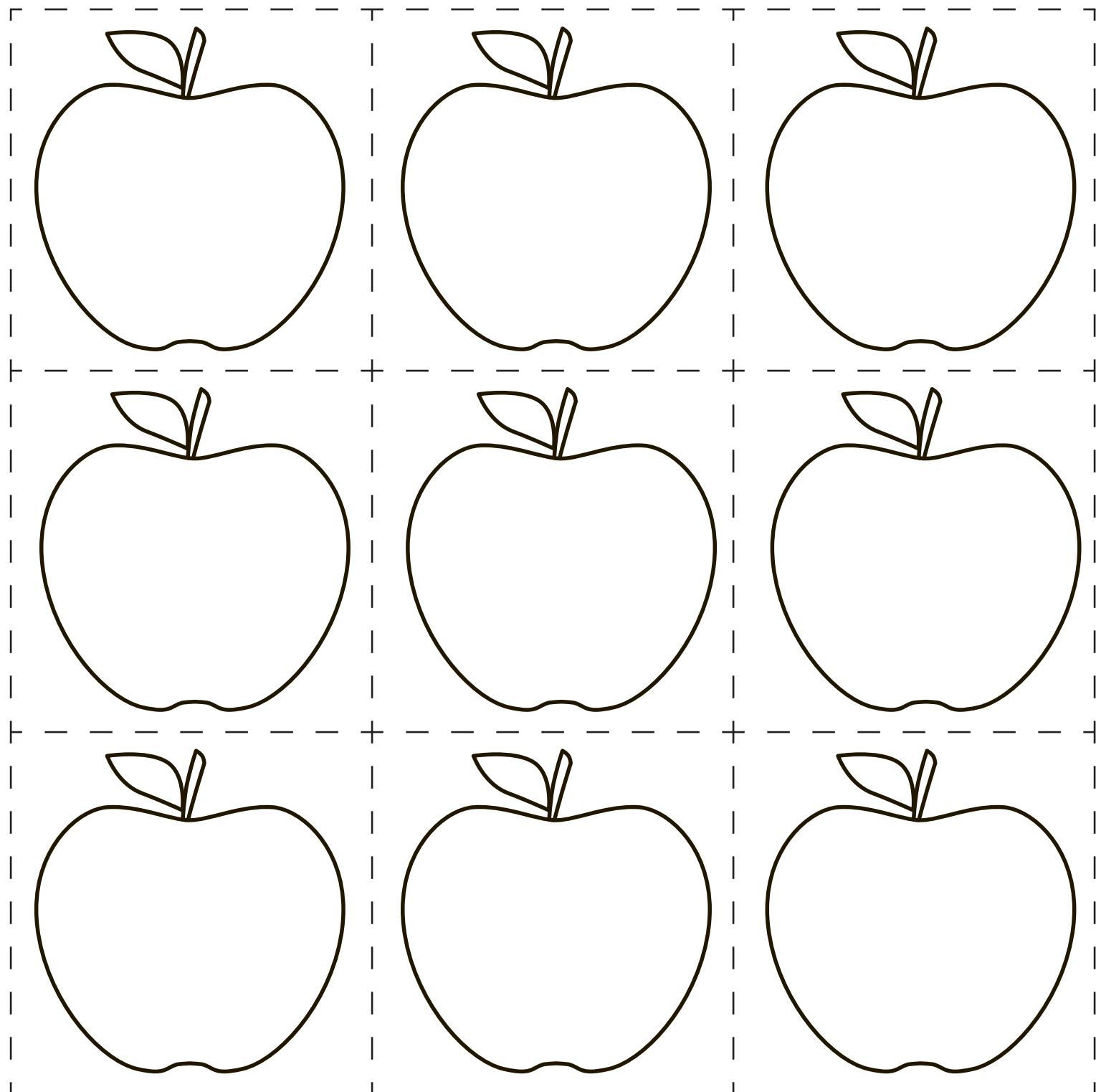
I found it!



Purple

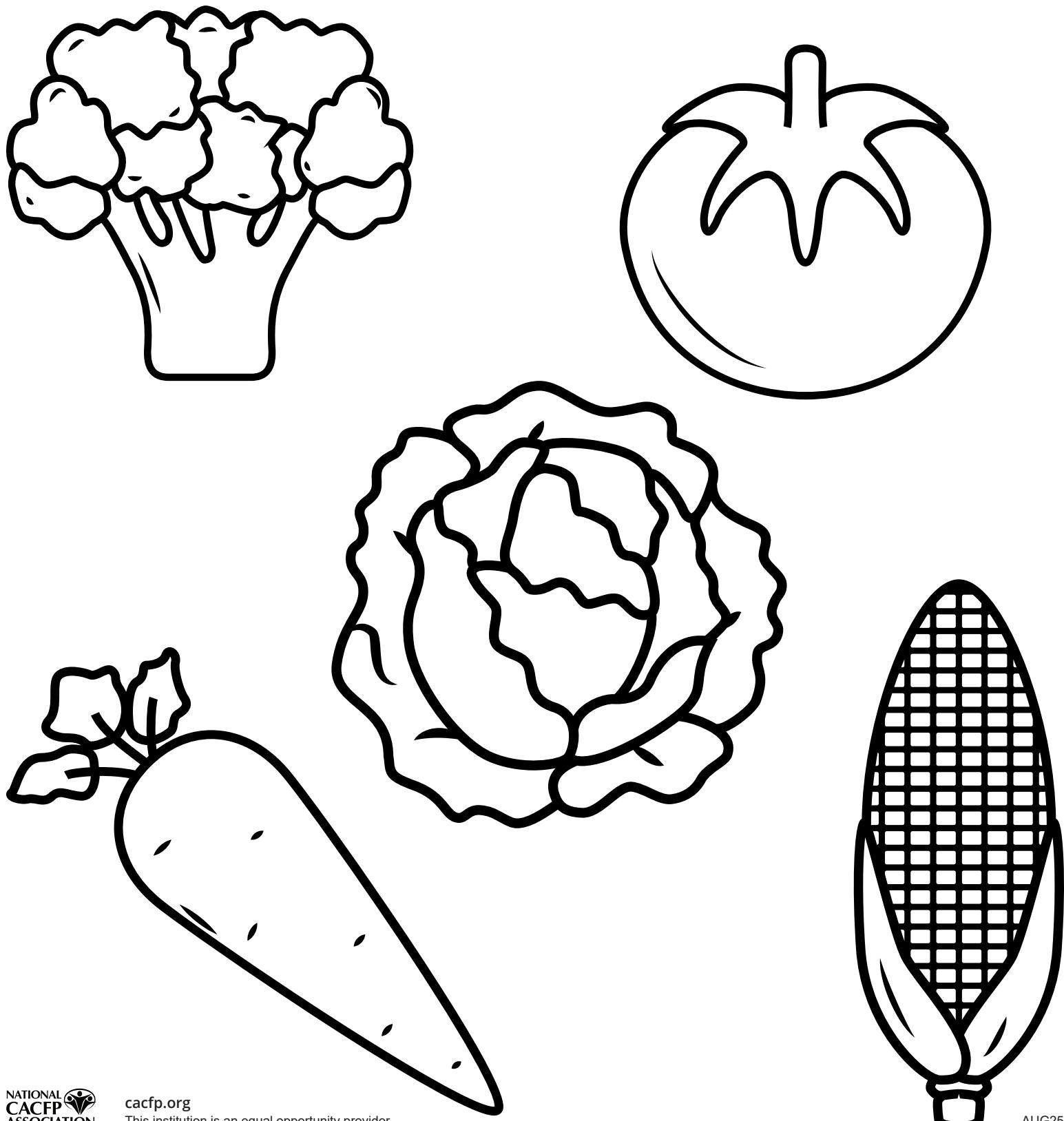
Apple Pickers

Cut out as many apples as you would like. Tie each apple to a string and hang them with tape to a wall at the tip of children's reach, some a bit higher. The children will have to stretch and jump to grab the apples. See if they can reach a certain number of apples and then encourage teamwork to help those that have not yet met the goal.



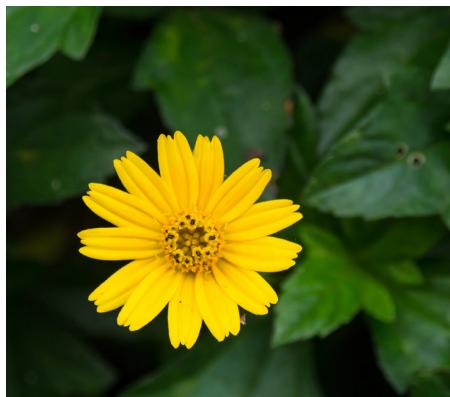
Bubble Vegetables

Cut out vegetables for each child individually or use the whole sheet for each child. Show the children how to dip bubble wrap into paint and stamp onto the vegetables. They will love seeing the pattern come to life on their vegetables!



Flower Power

Print out the flower images. Show children beneficial flowers: butter daisies, lavender, dianthus, coneflowers, marigolds, sunflowers, zinnias and edible flowers that are considered vegetables: broccoli and cauliflower. Ask children if they have tried one of these vegetables before. Also, have children planted some of these already? Go to the garden to explore or plant beneficial or edible flowers in the garden.



Butter Daisies



Lavender



Dianthus



Coneflowers



Marigolds



Sunflowers



Zinnias



Broccoli



Cauliflower

The Hunt for Garden Bugs

Create a scavenger hunt using pictures of good bugs and bad bugs. Have children use magnifying lenses or toilet paper rolls to help them search for these bugs. Print out these examples of good bugs: bees, ladybugs, earthworms, green lacewings, soldier beetles, dragon fly, butterflies, and bad bugs: tomato hornworms, aphids, Japanese beetles, stinkbug, Colorado potato beetle. Show them what good bugs and bad bugs look like before they begin their search.



Good Bug:
Bee



Good Bug:
Ladybug



Good Bug:
Earthworm



Good Bug:
Green Lacewing



Good Bug:
Soldier Beetle



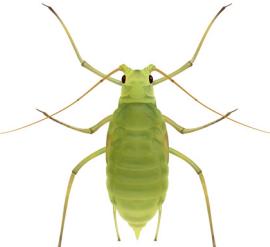
Good Bug:
Dragonfly



Good Bug:
Butterfly



Bad Bug:
Tomato Hornworm



Bad Bug:
Aphid



Bad Bug:
Japanese Beetle



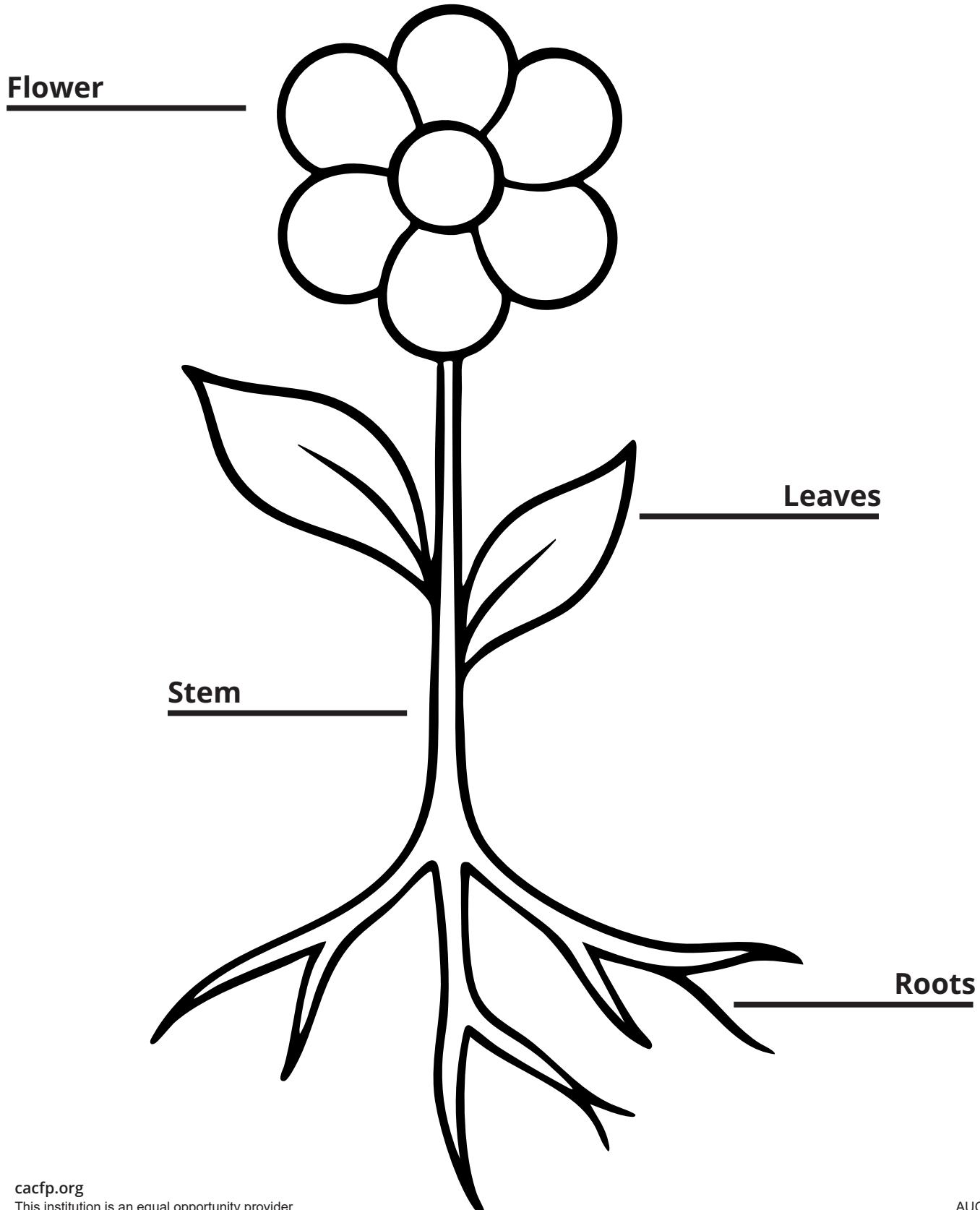
Bad Bug:
Stinkbug



Bad Bug:
Colorado Potato Beetle

Plant Parts

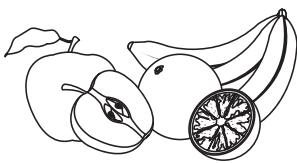
Print out the parts of a plant template. Place in a plastic pocket sleeve and provide different color play dough for the children to mold on top of the plant picture highlighting the different plant parts.



Plant Food Recipe Resource Guide

Use this as a resource guide to teach composting to the children in your care. As age-appropriate, create a sorting game for compostable vs non-compostable.

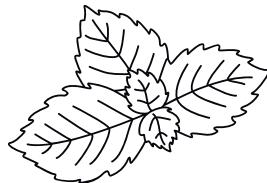
Compost



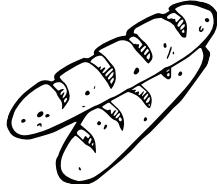
Fruit Scraps



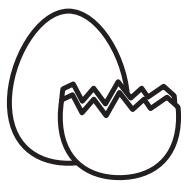
Vegetable Scraps



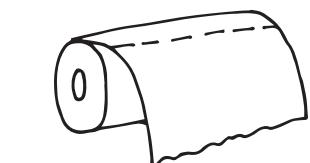
Dried Leaves



Grains

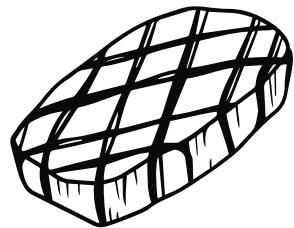


Eggshells



Napkins, Paper
Towels & Cardboard

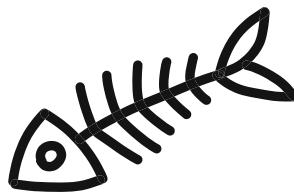
Don't Compost



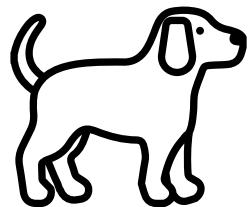
Meats/Grease



Dairy Products



Fish Waste



Animal Fur & Waste

Other items that cannot be composted include aggressive weeds, diseased plants, treated or painted wood, and glossy paper

Composting Tip!

For a balanced compost bin, include 2-3 parts "brown materials" and 1 part "green materials."

Brown materials include: fallen leaves, twigs, shredded newspaper, wood chips and straw.

Green materials include: vegetable and fruit scraps, coffee grounds, crushed egg shells, grass clippings, tea bags (no staples) and shredded cardboard.