

SENDCAA NEWS

CACFP Edition | February 2020

Mandatory Training

Each year USDA requires all CACFP participants receive training on civil rights compliance and program policies. This training is short and should take less than 30 minutes to complete. Because of the short duration needed to complete, it is *not* Growing Futures approved. Feel free to complete electronically or download to print and submit to our office after completion. Failure to complete this training by the deadline could result in a corrective action. <u>Please complete no later than August 30</u>, 2020.

Complete Training Now

Download Training

Spring Mini Conference

Come join us for 3 FREE hours of Growing Futures approved training! You will hear from two Sanford physicians.

Dr. Robyn Maley will speak to the topic of dealing with children and anxiety, children and overactive behaviors and communication to parents regarding those and other concerns.

Dr. Chris Cleveland will present to the group on the basics of food allergy vs sensitivity to foods, as well as the treatment of allergic reactions.

Saturday March 14th 9:00am-12:00pm Dakota Medical Foundation 4141 28th Ave S Fargo Doors open at 8:30am

Register Now

Reminder

SENDCAA Offices will be closed: **February 17th, 2020** in honor of President's Day.





Tax Report

If you are a KidKare user, you can find your tax report by going to: Reports, Claim Statements, Tax Report, 2019, and hit RUN.

You may call our office to request a copy of your year end report if you do not access KidKare.

Snacks and Menu Ideas

Put a little love in your Valentine snack this year! Heart cookie cutters can turn a boring sandwich into a festive lunch, a pancake into a delightful breakfast, and cheese slices into snack excitement! Below is a few more easy ideas to add to your menus,

Have another festive snack idea? Share your final creation on our Facebook page.



| | ENDCAA Id & Adult Care | A Week's | Worth of Mer | nu Ideas | |
|-----------|--|---|---|--|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Banana WG Cheerios® Milk | Pineapple tidbits WG Toast Milk | Strawberries WG Oatmeal Milk | Mixed Fruit Biscuit Milk | Peach slices WG Pancakes Milk |
| Lunch | Scrambled Eggs Broccoli Apple slices Waffle Milk | Turkey & Cheese Sandwich Carrot Sticks Applesauce Lasagna Noodles Milk | Oven Baked Chicken breasts Corn Pears Stuffing Milk | Hamburger Oven Baked French Froes Kiwi WG Bun Milk | HM Macaroni &Cheese Lettuce Salad Snap Peas Macaroni Noodles Milk |
| Snack | Blueberry Muffin Milk | English Muffin Milk | Yogurt Graham Crackers | WG Triscuit Crackers Cheddar Cheese | Peanut butter WG Bread |

*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older



Survey Winner!

Thank you to all of our providers for participating in our survey for the SENDCAA Fruit and Vegetable club. We appreciate the feedback and hopefully it encouraged healthier eating. Congrats to **Sandra Jaeger** <u>for</u> getting her name pulled out of the hat for completing the survey! She won a \$25 gift card to Hornbachers.

Provider Profile

Our provider showcase for the month of February is Kellee Hann. Kellee has been the owner of NaturaKids Center in West Fargo and has participated in the SENDCAA CACFP for over 6 years. Kellee decided to open her own home daycare, because she had recently purchased a house and had the opportunity to finally fulfill her dream of owning her own Child Care.

Kellee finds the Child Adult Care Food Program useful because it helps providers choose healthy foods and receive reimbursement to help with the grocery bills. She also loves all the resources that are provided with the CACFP and her home educator, Sharla! Kellee states "Sharla is the BEST!".

The Child Care children love Kellee's goat cheese and sweet potato macaroni and cheese recipe and majority of Kellee's recipes are organic. The children's favorite activity is playing outside.



Kellee Hann and Family

Kellee also have a second job of being a photographer and owner of Soul Tree Photography Studio, since October 2018. Photo Credit: Amanda Hardy

She loves taking pictures of the children at her Child Care. Contact Kellee if you need pictures taken!

Thank you Kellee for being an amazing Child Care provider and participating in the SENDCAA CACFP!

At-Home Training

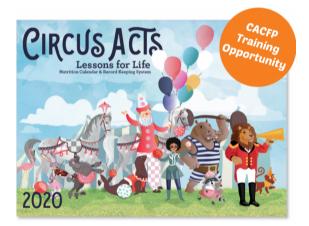
Infant Feeding Guide

Feeding Infants in the Child and Adult Care Food Program (CACFP) guide is a training tool for child care providers with infants enrolled at their child care site. It covers topics such as the infant meal pattern, developmental readiness, hunger and fullness signs, handling and storing breast milk and infant formula, solid foods, what is creditable in the infant meal pattern, and much more.

A New At-Home training has been developed to go along with this calendar and is now available on our website. This training is Growing Futures approved and free to all participating SENDCAA providers.



Go to Infant Training Now



2020 Calendar

By the end of January, all SENDCAA providers will have received the new 2020 CACFP Calendar. A New At-Home training has been developed to go along with this calendar and is now available on our website.

This training is Growing Futures approved and free to all participating SENDCAA providers.

Go to Calendar Training Now

CACFP WEEK March 15-21, 2020

Celebrate the week by telling everyone that you are a provider on the CACFP!





Welcome to the SENDCAA Food Program!

Rebecca Boe

Sara Mwagura

Contact Us

Fargo

3233 University Drive South Fargo, ND 58104 Phone: 701-232-2452 Toll-free: 1-800-726-7960 E-mail: <u>marthah@sendcaa.org</u>

Wahpeton E-mail: dianaf@sendcaa.org

Grand Forks E-mail: bonniem@sendcaa.org



Child & Adult Care Food Program

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or (2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.



3233 University Dr S | Fargo, ND | 58104 US

<u>Manage</u> your preferences or <u>opt out</u>. Got this as a forward? <u>Sign up</u> to receive our future emails.

This email was sent to . To continue receiving our emails, add us to your address book.

Subscribe to our email list.