JANUARY



learn with Me Build Imagination

Children are born with a general curiosity and wonder. It is important that we encourage and help them to continue building their imagination. Creative play

is essential. Turn off electronics and video games. Allow children to create with materials like building blocks, Legos, craft supplies, costumes, and creative spaces. Not only will children continue learning, but they are developing decision-making skills and the ability to work through problems.



Read with Me

Check out these fun rocket books!

Penguinaut by Marcie Colleen

On the Launch Pad: A Counting Book About Rockets by Michael Dahl

Cook with Me Crockpot Applesauce • 12 apples • ¹/₂ cup water

- ¹/₂ cup sugar
- ¹/₂ tsp cinnamon
- 1 tbsp lemon juice

Peel and core apples, cut into quarters, and put into crockpot. Coat apples in lemon juice and then stir in sugar and cinnamon. Add water and cook on high for 3-4 hours until apples are soft. Mash into applesauce.



Create with Me Name Rockets

Cut out 2" squares of different colors of paper. Give each child enough for each letter of their name. Have children write a letter of their name in each square and then glue the letters in order on a vertical line on construction paper. Next, cut a triangle with a 2" base and glue to the of top the name. Add marker or even glitter glue after the last letter to show flames coming from their name rockets. Children can finish off their art with star stickers around the rocket.



Play with Me Planet Toss

Label buckets with planet names. Then scatter them within tossing distance from a starting line. Ask the children to stand on the starting line

and toss bean bags into the buckets. Make each planet worth a different amount of points.



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