



SENDCAA NEWS

CACFP Edition | August 2020

2020-2021 Reimbursement Rates Announced

Child and Adult Care Food Program
Reimbursement Rates
July 1, 2020– June 30, 2021

Child Care Homes

| | Tier I | Tier II |
|---------------------|--------|---------|
| Breakfast | 1.39 | .50 |
| Lunch/Supper | 2.61 | 1.58 |
| Snack | .78 | .21 |

Good News! Your July claim will contain more money. USDA released the new reimbursement rates for 2020-2021 fiscal year.

Tier 1 rates: Breakfast \$1.39 (6 cents increase), Lunch/Supper \$2.61 (12 cents increase), Snack \$.78 (4 cents increase)

Tier 2 rates: Breakfast \$.50 (2 cent increase), Lunch/Supper \$1.58 (8 cents increase), Snack \$.21 (1 cent increase).

Income eligibility guidelines have also changed. See the chart below to see if you might qualify for Tier 1 rates and contact our office with any questions. You can apply at any time.

[Tier 1 Application](#)

INCOME ELIGIBILITY GUIDELINES 2020-2021

| Household Size | Yearly | Monthly | Weekly |
|-----------------------|----------|---------|--------|
| 1 | \$23,606 | \$1,968 | \$454 |
| 2 | 31,894 | 2,658 | 614 |
| 3 | 40,182 | 3,349 | 773 |
| 4 | 48,470 | 4,040 | 933 |
| 5 | 56,758 | 4,730 | 1,092 |
| 6 | 65,046 | 5,421 | 1,251 |
| | | | |
| | | | |
| Each Additional Child | + 8,288 | + 691 | + 160 |

Have You Been Counted?

It's not too late to be counted in the 2020 Census. The Census not only determines how many seats within the U.S. House of Representatives are divided among states but also how federal funds are dispersed to each state. These funds support important programs such as: Medicaid, highway construction, Head Start, Foster Care, SNAP, Low Income Energy Assistance, Special Education and other programs.

For every resident that isn't counted, ND misses out on \$19,100 per resident! It only takes a few minutes to fill out the questionnaire and can be done online.



Easy Lunch Idea

Hot Ham & Cheese Roll-ups

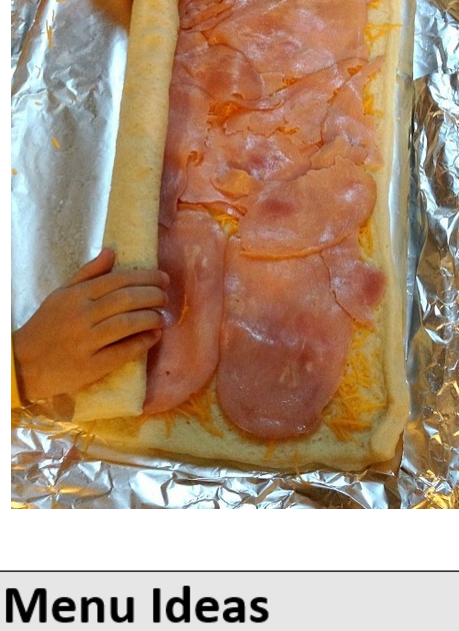
This is a easy lunch idea your kids can even help in preparing!

Ingredients:

- 1 tube of pizza crust dough
- Sliced deli ham,
- A bag of your preferred shredded cheese

Directions:

Roll out the crust on a greased baking pan. Arrange ham slices evenly over dough, leaving 1/2" of space around the edge, then sprinkle with cheese over the ham. Starting at one of short ends, roll dough to form a log. Pinch seam together to seal. Place, seam side down, on baking sheet. Preheat oven to 400 degrees, bake 25-30 minutes. Let sit for 10 minutes before slicing and serving. This can credit towards the grain and meat/meat alternate components.



| SENDCAA Child & Adult Care Food Program | | | | | | |
|--|---|--|--|---|---|--|
| A Week's Worth of Menu Ideas | | | | | | |
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Breakfast | Strawberries WG Cheerios® Milk | Peaches Cottage Cheese Milk | Blueberries WG Oatmeal Milk | Grapes WG Honey Kix® Milk | Banana slices Mini Bagel Milk | |
| Lunch | Hot Ham & Cheese Roll-Ups Steamed Broccoli Pears Pizza Crust Milk | Grilled Chicken Breast Peas Honey Dew Melon WG Roll Milk | Beef Sloppy Joes Green Beans Raspberries WG Bun Milk | Ground Beef with Marinara Sauce Corn Pineapple WG Spaghetti Milk | Chicken Salad Sandwich Carrot Sticks Watermelon Croissant Milk | |
| Snack | Apple Slices WG Wheat Thins | Milk HM Muffins | Rice Cakes Peanut Butter | Yogurt Mixed Dried Fruit | WG Triscuit Crackers Grapes | |

*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older

New Training Added

Are you a master at identifying whole grain-rich foods? Check your knowledge with this one hour Growing Futures approved at-home training.

- [Identifying Whole Grain-Rich](#)

Additional Training Opportunities

- [Infant Feeding Guide](#)
- [2020 Calendar](#)
- [Nutrition & Wellness Tips for Young Children](#)



Mandatory Training

Each year USDA requires all CACFP participants receive training on civil rights compliance and program policies. This training is short and should take less than 30 minutes to complete. Because of the short duration needed to complete, it is *not* Growing Futures approved. Feel free to complete electronically or download to print and submit to our office after completion. **Deadline is August 30, 2020.** If you are unsure if you have completed this training contact your home monitor and they can check for you.

Failure to complete this training by the deadline could result in a corrective action.

[Mandatory Training](#)

Provider Profile

Michelle & Mike Lang started a child care in their home 21 years ago, so they could stay home with their own children. Michelle and her husband, Mike are patiently waiting to have their own grandchildren attend their child care. Michelle's children's favorite activity is spending time outside on their play equipment and they sleep like "rocks" afterwards from all of the fresh air.

Michelle and Mike have been participating in the SENDCAA CACFP for 20 years. They enjoy being on the food program, because it holds them accountable for providing nutritious meals, but it also allows them to feed the children different foods that they normally wouldn't get at home. Michelle and Mike state the children's favorite meal is chicken nuggets with fries and grapes. There is never food waste with that meal!

One of Michelle and Mike's favorite memories at their Child Care is when they had a doggy door for a little Yorkie and a 5 year old tried to sneak outside and got stuck. Mike spent a half hour trying to get the little girl out. Afterwards, the little girl stated " that didn't work too good!"

Big thanks to Michelle and Mike for providing years of love and care to our next generation!

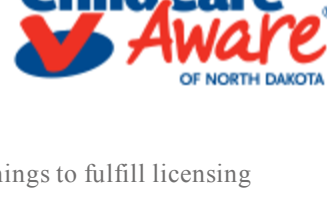


Michelle & Mike Lang

Resources to Help You

Manage Your Child Care

Child Care Aware of North Dakota is collaborating with health and human services officials to prevent the introduction and spread of COVID-19. Visit their website for resources on how to run your child care during this difficult time and find online trainings to fulfill licensing requirements.



Reminders

- Please email a copy of your license upon renewal. The county no longer sends us a copy.
- Contact your home monitor to let them know if your daycare will be closed due to vacation or illness.
- Monitors will be conducting reviews over the phone this summer, so be expecting a call from them in the coming weeks.
- **Claims need to be submitted or postmarked by the 3rd of each month.**
- Mandatory training is due by August 30th.
- Be sure new enrollments are signed and dated by parents or guardians in the month that they started care.



Contact Us

Fargo

3233 University Drive South
Fargo, ND 58104

Phone: 701-232-2452

Toll-free: 1-800-726-7960

E-mail: foodprogram@sendcaa.org



This institution is an equal opportunity provider and employer.

Share this email:



3233 University Dr S | Fargo, ND | 58104 US

[Manage your preferences or opt out.](#)

Got this as a forward? [Sign up](#) to receive our future emails.

This email was sent to .

To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.