



SENDCAA NEWS

CACFP Edition | May 2021

USDA Issues New Waivers

The USDA has announced a new set of waivers to ensure children across the nation have access to nutritious meals as we recover from the pandemic. One waiver in particular has been in the works for awhile and we are incredibly excited to share the good news with you!

Starting July 1, 2021 through June 2022, all family child care providers on the food program are eligible to be Tier 1, regardless of location or income.

More details on the set of waivers released this week can be found on the [National CACFP website](#).

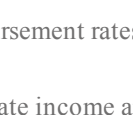
Access to Healthy Food for Young Children Act of 2021

This act, soon to be introduced by Senator Bob Casey (D-PA), would strengthen the Child and Adult Care Food Program (CACFP) by

- allowing an additional CACFP meal or snack in full-day child care;
- increasing CACFP reimbursements by 10 cents for each meal and snack;
- allowing annual eligibility for proprietary (for-profit) child care centers;
- improving area eligibility for family child care by reducing the threshold to 40 percent;
- allocating \$5 million to support the new healthy meal pattern and beverage best practices;
- allowing high-poverty child care centers to collect income applications every four years rather than every year;
- improving the cost of living adjustment for child care home reimbursement rates to reflect more accurately the real costs to providers;
- creating a CACFP Community Eligibility Provision pilot to eliminate income applications for centers; and
- directing USDA to reduce unnecessary paperwork resulting from federal and state regulations and record-keeping requirements.

TAKE ACTION FOR CACFP

ENDORSE SENATOR CASEY'S BILL TODAY



Take action: Sign on in support of this bill [here](#).

Enrollments

All child enrollments are good for one year. Our staff will send out reminders when enrollments are about to expire. Please have the enrollments signed and dated before you submit your claim.

To re-enroll a child you can:

- Use the SENDCAA child enrollment forms issued by our office.
- Login to KidKare and print out a child enrollment from their profile OR to re-enroll multiple children go to **Reports-Worksheet-Enrollment Renewal Worksheet**
- Have the parents manually update any info (address, schedule, etc) then sign and date
- If emailing/texting a picture be sure the picture is clear and easy to read, with all information in picture. Enrollments can be sent to your home monitor or to our office. email jennyn@sendcaa.org or text 701-566-9165

Claims

Be sure KidKare or Manual claims are submitted or postmarked by the **3rd** of each month. If submitted past this date, claims may be considered late and will not be paid until the following month.

Infant Menus

All infants, 6 months and older, are required to be offered all required components at all meals. If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.

Weekly Menu Ideas

| SENDCAA A Week's Worth of Menu Ideas | | | | | |
|--------------------------------------|--|--|--|--|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Strawberries Eggs Milk | Cantaloupe WG English Muffin Peanut butter Milk | Peaches WG Shredded Mini Wheats Milk | Honeydew Melon WG Waffles Milk | Kiwi Rice Krispies Milk |
| Lunch | Chicken Fajita Lettuce & Tomato Pineapple WG Flour Tortilla Milk | Turkey Breast Asparagus Mashed Potatoes Dinner Roll Milk | HM Beef Stew Potatoes & Carrots Grapes Saltine Crackers Milk | Grilled Chicken Lettuce Salad Blueberries Soft Breadstick Milk | Tuna Carrot Sticks Orange Slices WG Pita Milk |
| Snack | Applesauce WG Triscuits | Watermelon Graham Crackers | Bell Pepper Sticks Hard Boiled Egg | Cucumber WG Mini Bagel | WG HM Chex Mix Milk |

*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older

Bug Snacks

Spring is in the air! Turn your fruits and veggies into cute little critters! If you would like to share your food creations, message us on [Facebook](#) and we will post your fun childcare meal ideas!



May Activities

The National CACFP Association has developed seasonal activity newsletters for your use. Each newsletter contains a recipe, craft activity, movement activity and info about the CACFP to share with your parents. Click each picture to download the newsletter.



Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and fees to SENDCAA providers and their staff.

[2021 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

Provider Profile

The SENDCAA CACFP provider of the month is *Vicki Schumm*.

How long have you had your childcare business? September 2010

Why did you start the business? I always knew I wanted to be a teacher of some kind. Going back to kindergarten writing about what you wanted to be. My sister did childcare for a short while in her home and from that point on I decided that was what I wanted to be.

How long have you participated with the food program? Since September 2010

What do you like about the food program? I like the meal ideas that are sent out and being able to say I serve nutritious meals to my children.

Children's favorite meal? Their favorite meals are anything finger food. Meat cheese and crackers with veggies and fruit, or breakfast for lunch.

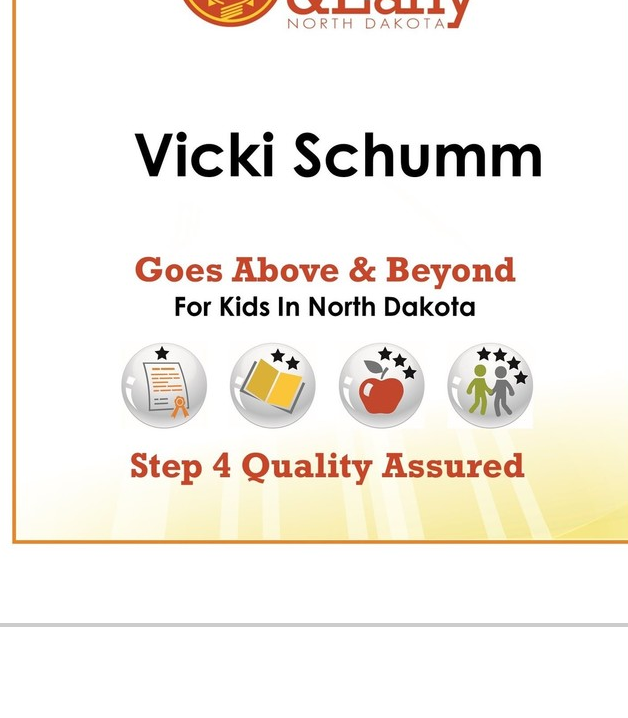
Children's favorite activity? Favorite activities are playing outside, doing process art projects, or even just dancing to songs together!

Daily schedule:

7:30-8 am drop off welcome: books, puzzles, art
 8-8:30 am breakfast
 8:30-9:45 am play in areas, infants meals/am naps
 9:45-10:45/11 am outdoor play, weather permitting or music time
 11-11:50 am play in areas/art activity
 11:50-12:20 pm lunch time
 12:20-12:30 pm potty/books
 12:30-2:30/3pm nap/rest time, books/quiet activities
 3-3:30 pm snacks
 3:30-4:30 pm outdoor play time or play in areas
 4:30-5:00 pm play in areas or outdoor time
 5-5:30 pm getting ready to go home, puzzles, books, art, sensory

Funny story? I'm not sure if I have a funny story I can think of right now 😊 there are always funny stories when you are caring for children! Some of my favorites are when they are having conversations and I just listen in to what they are saying and give them input and feedback when needed.

Thank you, Vicki for being an amazing childcare provider and participating in the SENDCAA CACFP!



Contact Us

Fargo

3233 University Drive South
 Fargo, ND 58104

Phone: 701-232-2452

Toll-free: 1-800-726-7960

E-mail: foodprogram@sendcaa.org

Website: www.sendcaa.org/foodprogram



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