Parent Provider Connections - March 2021 **PANCAKE TACOS** WGR pancakes Peanut butter Bananas Kids will love making and eating these for breakfast, lunch or snack. Have them spread 1 tablespoon of peanut butter on the pancake. They can place half of the banana, cut lengthwise, on top of the peanut butter and fold the pancake to make their own taco. #CACFPCREDITABLE PINWHEEL PARTY WHEELING AROUND **CORN MASA** Corn Masa is made from dried hominy or dried corn kernels that has been ground Children can practice their fine motor skills cutting out the pinwheel pattern at cacfp.org Children love to bike and be on wheeled toys. As spring weather is starting, take out and using a paper brad to make a pinwheel. those outdoor bikes and let the kids ride into flour. It has a good balance of both They can decorate their pinwheel or use freely in a safe area or at a park. carbohydrates and fiber. Foods made with corn masa flour are creditable as colorful paper for more fun. whole grain-rich.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday