



SENDCAA NEWS

CACFP Edition | February 2021

HELLO FEBRUARY

Program Reminders

Tax Reports

Tax Reports can be found in your KidKare account by going to:

Reports—Claim Statements—Tax Reports—2020—Run

If you do not have access to internet and would like your report mailed to you, contact your home monitor or call our office at 701-232-2452.

Claims

Be sure KidKare or Manual claims are **submitted or postmarked by the 3rd of each month**. If submitted past this date, claims may be considered late and will not be paid until the following month.

Enrollments

Please have signed and dated enrollments in our office, before you submit your claim.

Infant Menu Reminders

All infants, 6 months and older, are required to be offered all required components at all meals. If a child is not developmentally ready or a parent has given special requests on the introduction of solids, than a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made.

Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are free and Growing Futures approved.

[2021 Calendar - NEW!](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

Log into Growing Futures

February Activities

The National CACFP Association has developed seasonal activity newsletters. Each newsletter contains a recipe, craft activity, movement activity and info about the CACFP to share with your parents. Click each picture to download the newsletter.

Activities include:

- Whole Grain Strawberry Pancake Recipe
- Heart Shaped Dream Catcher
- Whole Wheat Banana Muffin Recipe
- Ground Hog Paper Plate Craft
- Movement Activities, and More!

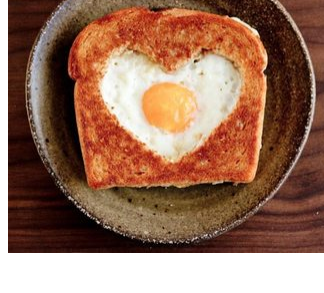
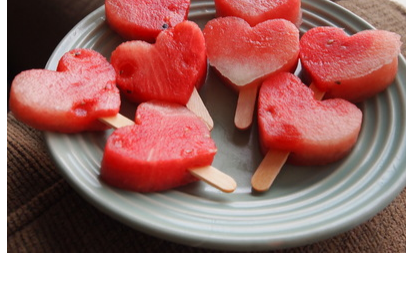


Weekly Menu Ideas

SENDCAA Child & Adult Care Food Program					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Strawberries WG French Toast Milk	Mixed Fruit WG Wheaties Milk	Apple slices WG Cinnamon Oatmeal Milk	Banana WG Toast Milk	Blueberries WG Mini Wheats Milk
Lunch	Baked Fish Fillets Corn Peaches Bowtie Pasta with Parmesan Milk	Ham and Cheese Sub Sandwich Lettuce & Tomato Applesauce Milk	HM Beef & Bean Chili Lettuce Salad Tangerines Saltine Crackers Milk	Tuna Wrap Cucumbers Pears WG Tortilla Milk	HM Chicken Noodle Soup Carrots & Celery Grapes Noodles Milk
Snack	Carrot Sticks String Cheese	Banana Graham Cracker	Cherry Tomatoes Triscuits	Pineapple Cottage Cheese	WG Bagel Milk
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

Holiday Food Creations

Heart shaped food for Valentines Day? Yes! If you would like to share your holiday food creations, message us on [Facebook](#) and we will post your fun childcare meals!



Provider Profile

The SENDCAA CACFP provider of the month is **Sheila Berger**.

Sheila decided 21 years ago to open her childcare business, so she could be home with her own children and still have a salary. For the last 15 years her childcare has been opened during the school year with her summers off. Sheila has participated with the SENDCAA CACFP, since the beginning she opened her childcare. Any fruit, Sheila's favorite meal at Sheila's childcare is homemade chicken vegetable pot pie with a side of any fruit. Pot pie on a cold winter day would warm up those little bellies! Sheila likes being on the SENDCAA CACFP because they offer free and fun trainings and Sharla always has helpful suggestions when visiting.

The children's favorite activity at Sheila's childcare is searching for stuffed animals or wooden numbers that Sheila has hidden throughout the house. Children are funny little people and one day Sheila gave her husband a goodbye kiss and one of the children said "Oooooooh what are you doing? I am going to tell your Mommy!"

Thank you, Sheila for being an amazing childcare and participating in the SENDCAA CACFP! Also, thanks for sharing the adorable picture of the children on pajama day!



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