



SENDCAA NEWS

CACFP Edition | October 2021

New Hire Announcement

After many dedicated years as our administrative assistant, Jenny Nelson, had a career opportunity to work closer to her home in Ada, MN that she couldn't pass up. We thank Jenny for her years of service and wish her the best of luck in her future goals.

We would like to welcome Kali Robinson to our team as the new administrative assistant. If you happen to call the office, she will be the friendly voice to assist you. Growing up in the Fargo/Moorhead area, Kali graduated from West Fargo and previously worked at the North Dakota Veteran's Home and Bethany Retirement Living as a scheduler and Certified Nursing Assistant. Kali lives in Fargo with her husband, two sons, and four furbabies. In her spare time, she enjoys going to the lakes and spending time with friends and family.

ND Announces New Stabilization Grants

The North Dakota Department of Human Services' Early Childhood Division is inviting all licensed or regulated North Dakota child care providers to apply for federally funded stabilization and recovery grants beginning now through August 2022. A variety of grant types are available, including

stabilization, health and safety facility improvement, technology, inclusion, start-up, and quality improvement grants.

Apply at: <https://www.ndgrowingfutures.org>

More details and FAQs: www.nd.gov/dhs/services/earlychildhood/ec-grants.html

Claims


Be sure KidKare or Manual claims are submitted or postmarked by the **3rd** of each month. If a claim is too late to be counted in the totals sent to the State office, the provider will not receive a check that month but will receive it the following month.

Infant Menu Documentation

All infants, 6 months and older, are required to be offered all required components at all meals.

If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.

Weekly Menu Ideas

 A Week's Worth of Menu Ideas					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mixed Fruit Pancakes Milk	Mandarin Oranges WG Corn Chex Milk	Baked Apples WG Toast Eggs Milk	Kiwi WG Oatmeal Milk	Honeydew Melon WG English Muffin Milk
Lunch	Baked Turkey Breast Sweet Potato Pears WG Diner Roll Milk	Baked Salmon Peas Mango WG Brown Rice Milk	HM Mac & Cheese Lettuce Salad Grapes Macaroni Milk	Beef Burrito Refried Beans Strawberries WG Tortilla Milk	Ground Turkey Yellow Squash Grapes Couscous Milk
Snack	Pineapple Mini Bagel	Nectarine Yogurt	Cucumber Cheddar Cheese Cubes	Applesauce Triscuits	Banana Milk
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

Sweet Potato

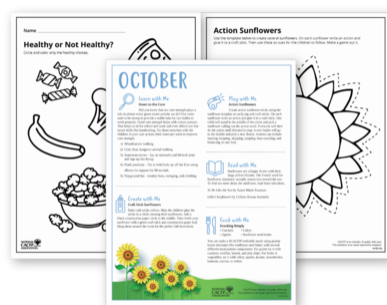
The sweet potato is a starchy, sweet root vegetable that is rich in vitamins A, C, manganese, and B6. You can easily add some color to your plate by baking or roasting this veggie. For baked whole sweet potatoes, bake 45-50 minutes at 450 degrees. Be sure to poke a few holes in each potato prior to baking.

When roasting sweet potatoes, chop in uniform pieces toss with olive oil and salt, place evenly on a greased baking sheet. Bake at 425 degrees for about 30 minutes, tossing potatoes every 10 minutes.



October Calendar Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. Each page includes extra activities, recipes, craft activities, movement activities and more. Click each picture to download the newsletter.



Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

[2021 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

Provider Profile

September's provider of the month is **Amy Stennes**.

Thank you Amy for being a dedicated childcare provider!



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