

SENDCAA NEWS

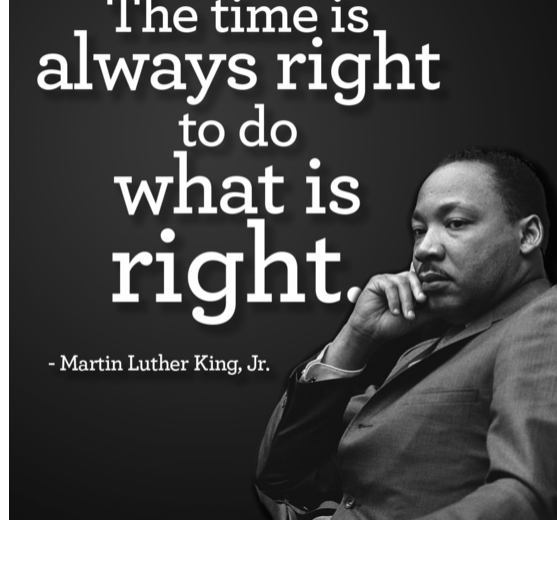
CACFP Edition | January 2020

Reminder

SENDCAA Offices will be closed:

January 20th, 2020

in honor of Martin Luther King Jr. Day.



Tax Report

If you are a KidKare user, you can find your tax report by going to: Reports, Claim Statements, Tax Report, 2019, and hit RUN.

You may call our office to request a copy of your year end report if you do not access KidKare.

Snacks and Menu Ideas

Bring winter inside by creating snowmen out of your snack! Have your children help you by drawing faces on cheese stick wraps or clear plastic cups to fill with popcorn. You can also build a snowman sandwich with pretzels and some dried fruit!

Have another festive snack idea? Share your final creation on our Facebook page.



SENDCAA Child & Adult Care Food Program					
A Week's Worth of Menu Ideas					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Raisins WG Oatmeal Milk	Strawberries WG French Toast Milk	Banana Scrambled Eggs Milk	Blueberries WG Life Cereal Milk	Kiwi WG Toast Milk
Lunch	Egg Salad Carrot sticks Grapes WG Pita Milk	Beef & Cheese Lasagna Lettuce Salad Applesauce Lasagna Noodles Milk	HM Bean Soup Potato Salad Peaches WG Grilled Cheese Sandwich	Oven Baked Fish Peas & Carrots Apricots WG Bread Milk	Chicken Stir fry Snap Peas Pineapple WG Brown Rice Milk
Snack	Cottage Cheese Pretzels	Hard Boiled Egg WG Wheat Thins	Pita Chips Milk	Waffle Apple Slices	Teddy Grahams Pears
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					



Win a \$25 Hornbachers Gift Card!

We need your feedback on the Fruit & Vegetable Club packet you received last year at your child care. Please take this very short survey to tell us your thoughts! Add your name at the end of the survey for a chance to win the prize! Survey deadline is February 2nd. Winner will be announced on February 3rd!

[Take survey Now](#)

Training Opportunities

Now Available

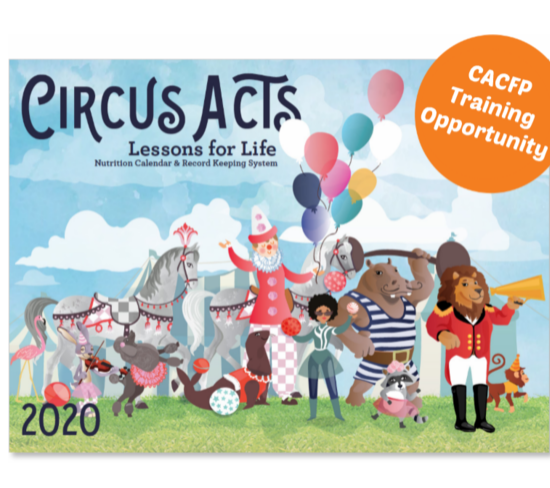
Infant Feeding Guide

Feeding Infants in the Child and Adult Care Food Program (CACFP) guide is a training tool for child care providers with infants enrolled at their child care site. It covers topics such as the infant meal pattern, developmental readiness, hunger and fullness signs, handling and storing breast milk and infant formula, solid foods, what is creditable in the infant meal pattern, and much more.

A New At-Home training has been developed to go along with this calendar and is now available on our website. This training is Growing Futures approved and free to all participating SENDCAA providers.



[Go to Infant Training Now](#)



2020 Calendar

By the end of January, all SENDCAA providers will have received the new 2020 CACFP Calendar. A New At-Home training has been developed to go along with this calendar and is now available on our website.

This training is Growing Futures approved and free to all participating SENDCAA providers.

[Go to Calendar Training Now](#)

Provider Profile

Teresa Hotten has been a provider in West Fargo for 11 years and has participated with the SENDCAA Food Program the same amount of time. Teresa decided to open a Child Care, since it allowed her to stay home with her own children. She enjoys participating with the SENDCAA Food Program, since it provides education that helps support her Child Care.

The children's favorite meal at Teresa's Child Care is Chili Bean Hotdish with Avocado. Their favorite activities are playing outside, especially with water play in the summer and leaves in the fall. Right now with the cold weather the children love to sing and dance with action songs.

Thank you Teresa for being an amazing provider and participating in the SENDCAA Child & Adult Care Food Program!



Teresa Hotten



Welcome to the SENDCAA Food Program!

Margaret DeNoto

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