



SENDCAA HEAD START BIRTH TO FIVE POLICIES & PROCEDURES



Unit: **Child Health & Safety**

Number of Pages: 1

Title: **Hand Washing**

Regulatory Reference: 1302.47(6)(b), Child Care Aware Best Practice; *CCR&R Childcare Rev 1/12

Created / Revised: July 2020

Staff, volunteers, and children must wash their hands with soap and running water at least at the following times:

- ✓ Upon arrival.
- ✓ After diapering, toilet use, and after assisting child with toilet use.
- ✓ Before food preparation, handling, eating, bottle or feeding children, setting the table for meals or snacks or any other food-related activity.
- ✓ Whenever hands are contaminated with blood or other bodily fluids, and including wiping nose.
- ✓ After handling pets or other animals.
- ✓ Hands are visibly dirty.
- ✓ After playing outside.
- ✓ Before and after sensory play (water tables, after sand play, play dough).
- ✓ After eating, feeding children.

Staff and volunteers must also wash their hands with soap and running water:

- Before and after giving medications;
 - Before and after treating or bandaging a wound (nonporous gloves should be worn if there is contact with blood or blood-containing bodily fluids); and after removing gloves for any purpose.
 - After handling mouthed toys.
 - After breaks, or when moving from one child care group to another.
 - Before going home.
-
- ✓ Use soap and warm running water.
 - ✓ Wet your hands and add soap.
 - ✓ Rub your hands, making bubbles vigorously for 20 seconds out of the water stream.
 - ✓ Wash all surfaces, including the backs of hands and between fingers.
 - ✓ Rinse your hands well under running water to remove all soap.
 - ✓ Dry your hands well with a disposable towel. Turn off taps with a single-use towel.
 - ✓ Dispose of the paper towel.

Washing your hands is the single most effective way of reducing the spread of infection.