



SENDCAA NEWS

CACFP Edition | June 2021

Non-Dairy Milk Substitutes

Non-dairy beverages must be nutritionally equivalent to cow's milk. Original unflavored soy milk and Lactose free milk are both creditable choices for children whose parents are requesting a non-dairy beverage not related to a disability.

Milk substitutes such as, Almond, Coconut, Flax, Hemp, Cashew, Pea Flour, Oat, Rice and Sunflower milks, are not equivalent to cow's milk. These beverages require a diet statement signed by a licensed medical doctor.



Examples of creditable non-dairy substitutes that do not require a medical diet statement.

USDA Issues New Waivers

The USDA has announced a new set of waivers to ensure children across the nation have access to nutritious meals as we recover from the pandemic. One waiver in particular has been in the works for awhile and we are incredibly excited to share the good news with you!

Starting July 1, 2021 through June 2022, all family child care providers on the food program are eligible to be Tier 1, regardless of location or income.

No need to do anything on your part, these changes will automatically take place with your July claim.

Enrollments

All child enrollments are good for one year. Our staff will send out reminders when enrollments are about to expire. Please have the enrollments signed and dated before you submit your claim.

To re-enroll a child you can:

- Use the SENDCAA child enrollment forms issued by our office.
- Login to KidKare and print out a child enrollment from their profile OR to re-enroll multiple children go to **Reports-Worksheet-Enrollment Renewal Worksheet**
- Have the parents manually update any info (address, schedule, etc) then **sign and date**
- If emailing/texting a picture be sure the picture is clear and easy to read, with all information in picture. Enrollments can be sent to your home monitor or to our office.
email jennyn@sendcaa.org or text 701-566-9165

Claims

Be sure KidKare or Manual claims are submitted or postmarked by the **3rd** of each month. If submitted past this date, claims may be considered late and will not be paid until the following month.

Infant Menus

All infants, 6 months and older, are required to be offered all required components at all meals. **If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.**

Weekly Menu Ideas

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kiwi WG Toast Scrambled Eggs Milk	Applesauce WG Pancakes Milk	Peaches WG English Muffin Milk	Blueberries Cream of Wheat Milk	Pears Muffin Milk
Lunch	Beef Sloppy Joe Green Beans Mango Slices WG Bun Milk	HM Chicken Noodle Soup Garden Salad Cantaloupe Noodles Milk	HM Cheese Pizza Cauliflower and Broccoli Cherries WG Pizza Crust Milk	HM Chicken Strips Sugar Snap Peas Orange slices WG Brown Rice Milk	Refried Bean Taco Corn Raspberries WG Corn Taco Shells Milk
Snack	Nectarine Slices WG Cheerios®	Strawberries and Bananas Pretzel Sticks	Carrot Sticks Hard Boiled Egg	Celery Sticks and Raisins Nut Butter	Applesauce WG Triscuits®
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

Whole Grain Banana Oatmeal Cups

Need a new whole grain idea for breakfast or snack? Try this recipe from Nutrition Matters. This recipe credits towards the bread/grain component only and is also a whole grain.

banana oatmeal cups

3 cups rolled oats
3 ripe, mashed bananas
1 cup milk
2 eggs
1 tablespoon brown sugar
1 tablespoon baking powder

1. Preheat oven to 375° F. Spray a 12-cup muffin pan with cooking spray.
2. Mix all ingredients together. Scoop the batter into muffin cups evenly.
3. Bake for 20 to 30 minutes, until the edges start to brown and the muffins are firm.
4. Let the oatmeal cups cool before removing from the pan.

Your child can help peel and mash soft bananas!

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June Activities

The National CACFP Association has developed seasonal activity newsletters for your use. Each newsletter contains a recipe, craft activity, movement activity and info about the CACFP to share with your parents. Click each picture to download the newsletter.



Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

[2021 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

CACFP Mandatory Training

Each year, the USDA requires childcare providers participating on the Child & Adult Care Food Program to complete a mandatory training that covers policies and procedures of the program. This year's training is due by **August 31st, 2021** and is *Growing Futures approved*.

If training isn't completed by August 31st, SENDCAA is required by the USDA to send a warning letter and might lead to a serious deficiency with the CACFP. If the training is completed with a passing grade of at least 70%, the training will be submitted to Growing Futures within 7 days for one hour of training. Answers can be found in the SENDCAA Provider Handbook.

The provider handbook can be found [here](#) for your convenience.

Please note: If you are unable to complete this training electronically, please call our office for accommodations at 701-232-2452 ext 132.

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

Provider Profile

The SENDCAA CACFP provider of the month is *Wendy Marx*.

I have been a provider for 10 years and have participated on the food program since I started.

I love the different ideas for meal time and also the recipes shared by the SENDCAA Food Program. It's always nice to try new things with the kids.

Kids favorite meal is ALL the meals. Their highlight of the day is lunch and snack!

Their favorite activity is to be outside.

Our daily schedule consists of starting the day with free play, breakfast, preschool activities; outdoor play, lunch, nap, quiet time, snack, free play/outdoor play. We stay pretty consistent. If they want to do more projects we will. But if they are playing and having fun, then I let them have at it!

My funniest story is when a parent came to pick up and was super frazzled...one of the daycare kids asked her "Are you on the struggle bus today?" We all laughed, and it made our day much better. Kids have a way of saying silly things and reminding us to slow down and have some fun.

Thank you, Wendy for being an amazing childcare provider and participating in the SENDCAA CACFP!



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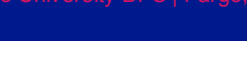
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