



SENDCAA NEWS

CACFP Edition | January 2021



Celebrating Diana Freese

After 33 years with the SENDCAA Food Program, Diana is announcing her retirement! She has provided tremendous support and nutrition education to child care providers over the years and will forever be an advocate of the SENDCAA CACFP. She will be greatly missed, but we are so very happy for her and her next chapter in life. We would like to thank Diana from the bottom of our hearts for all her time and dedication to the CACFP.



Providers who received home visits from Diana will receive an e-mail or letter in the coming days with more information regarding their new home monitor, Heide (Hauschild) Martin.

"What I will miss the most are the personal connections I have made with you and of course greeting the children in your care. You are the ones who have made my job so enjoyable through the years".

- Diana Freese

Program Reminders

Grand Forks Providers

The drop box at Hugo's on 13th and Columbia is no longer available. You can email, mail, or use the drop box at Bonnie's residence:

502 Belmont Road, Grand Forks

Claims

Be sure KidKare or Manual claims are submitted or postmarked by the 3rd of each month. If submitted past this date, claims may be considered late and will not be paid until the following month.

Enrollments

Please have signed and dated enrollments in our office, before you submit your claim.

Tax Reports

Tax Reports can be found in your KidKare account by going to:

Reports—Claim Statements—Tax Reports—2020—Run

If you do not have access to internet and would like your report mailed to you, contact your home monitor or call our office at 701-232-2452.

Phone Reviews

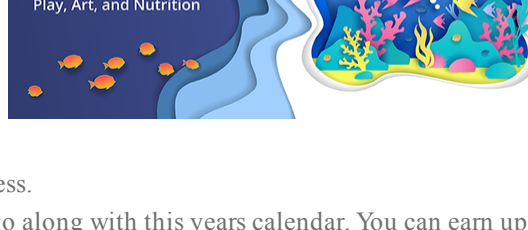
Home visits are still suspended at this time. Our home monitors will continue to do phone reviews with you for the time being. If a phone call is not answered, home monitors will leave a message. Please return all calls as soon as possible. Continue to let your home monitor know when your child care is closed. If you have received a renewed license, please email a copy to your home monitor.

Infant Menu Reminders

All infants, 6 months and older, are required to be offered all required components at all meals. If a child is not developmentally ready or a parent has given special requests on the introduction of solids, then a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made.

2021 Calendar

The 2021 calendars were mailed and all SENDCAA providers should have received a copy! Please contact your home monitor if you did not receive one.



- In it you will find: art, play, nutrition ideas, and record keeping for your child care business.
- An at-home training has been developed to go along with this year's calendar. You can earn up to three Growing Futures Training hours.

Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are free and Growing Futures approved.

[2021 Calendar - NEW!](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

January Activity

The National CACFP Association has developed seasonal activity newsletters. Each newsletter contains a recipe, craft activity, movement activity and info about the CACFP to share with your parents. Click each picture below to download the newsletter.

Activities include:

- Puffy paint snowflakes
- Mitten Match
- Masking Tape Fun
- Winter Stew Recipe



Weekly Menu Ideas

<div> A Week's Worth of Menu Ideas </div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mixed Berries Yogurt Milk	Banana WG Cheerios Milk	Grapefruit slices WG Toast Milk	Grapes Cottage Cheese Milk	Baked Apple slices WG Rice with Cinnamon Milk
Lunch	HM Chicken Strips Green Beans Applesauce WG Bread Milk	Baked Tilapia Peas & Carrots Pears Pasta with Parmesan Milk	Chicken Quesadilla Lettuce & Tomato Pineapple WG Tortilla Milk	HM Beef Stew Potatoes & Carrots in stew Apricots WG Bun Milk	HM Ham & Cheese Pizza Carrot Sticks Mixed Fruit Pita Milk
Snack	Peaches WG Triscuits	HM Hummus WG Wheat Thins	Bagel Milk	Cheddar Cheese Cubes Pretzel Sticks	Orange Wedges Waffle
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

Provider Profile

The SENDCAA CACFP provider of the month is **Lisa Keller**. Lisa decided 17 years ago to stay home with her children and open her own child care business along with participating with the SENDCAA Food Program. Lisa states the food program helps her serve a variety of foods and enjoys receiving the National CACFP Association yearly calendar. The calendar offers a lot of information and great trainings. The children at her child care love spaghetti! The children's favorite activity at Lisa's child care is practicing their yoga poses. Maybe Lisa should open a children's yoga studio.

Children say the funniest things and at Lisa's child care a 2 years old girl called Lincoln Logs "beef sticks", so when she wanted to build with Lincoln Logs, she would ask to make a "beef stick house". Sounds like a yummy house!

Thank you, Lisa, for being an amazing child care provider and participating in the SENDCAA CACFP!



Contact Us

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