



## SENDCAA NEWS

CACFP Edition | September 2022

### Save the Date

We are so excited to announce a return to our in-person trainings. Mark your calendar for the fall conference!

When: **Saturday, October 29th 2022**

9:00am-12:15pm

*More info and registration coming soon.*



### 2022 Annual USDA Mandatory Training

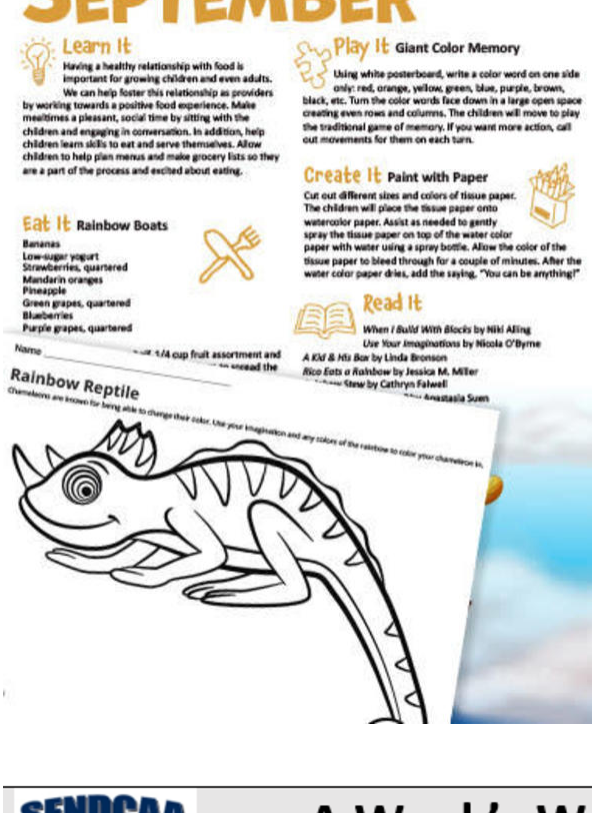
Each year USDA requires all CACFP participants to receive training on civil rights compliance and program policies. It is worth 1 hour of Growing Futures training credit. Failure to complete the training by the deadline could result in a corrective action.

**The deadline to complete this training is September 30, 2022.**

[Complete Training Now](#)

### September Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. The Parent Connections monthly newsletters are ready for you to add your own info at the bottom of the page; and the activity pages contain recipes, craft activities, movement activities and more.



SENDCAA Child & Adult Care Food Program					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Applesauce WG Life Cereal Milk	Banana WG Pancakes Milk	Orange Slices WG English Muffin Milk	Apple Slices Scrambled Eggs Milk	Kiwi WG Oatmeal Milk
Lunch	Oven Baked Parmesan Chicken Green Beans Peaches WG Roll Milk	Ham & Cheese Roll-up Black Beans Corn WG Tortilla Milk	Oven Baked Fish Baked Sweet Potato Peas WG Roll Milk	HM Cheese and Canadian Bacon Pizza Roasted Broccoli Pears WG English Muffins Milk	Beef Spaghetti Sauce Cooked Carrots Green Grapes WG Pasta Milk
Snack	Yogurt Strawberries	Ritz Crackers Peanut Butter Milk	Banana Muffin Milk	Cottage Cheese WG Triscuits	String Cheese Dried Fruit
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

### Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

[2022 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

### Growing Futures

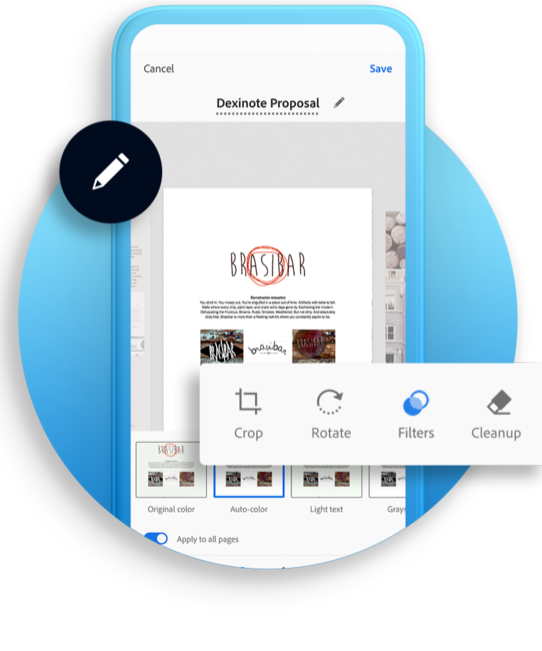
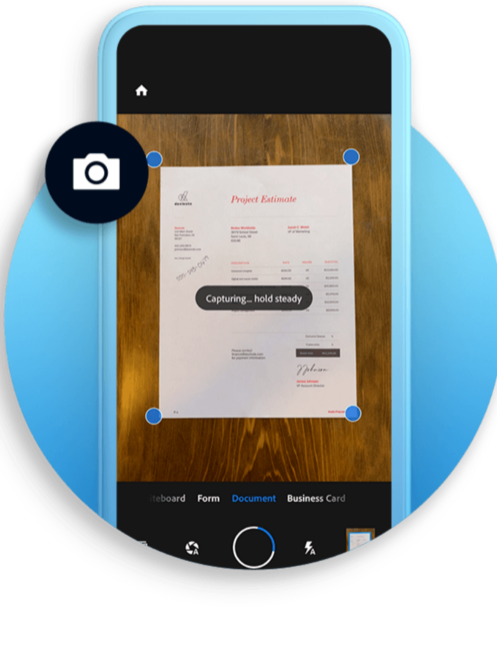
Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)

### Tip: Submitting Paperwork

When submitting paperwork via email or text, be sure that it is being sent in the largest file available and that the picture is not blurry. The best way to send a document is to scan it in so that it is converted to a PDF. If you do not have access to a scanner, Adobe has a free app that you can download to your smart phone. This app allows you to take a picture of your document which then converts it to a PDF, from there you can email it to your home monitor.

Adobe Scan and Adobe Acrobat Reader can be downloaded free to either IOS or Anroid phones.



### Home Visits

Home monitors have been out in full force with our in-person visits! It has been so exciting to see all of you and your kiddos. It is very important to let your home monitor know if you are closed. Please contact your home monitor if you will be closed for vacation, picnic off-site, illness or positive COVID case and are isolating or quarantined. You can also track your days off in the KidKare calendar. If you have any questions about the return of our home visits or have certain visitation protocols, please let your home monitor know. All of our home monitors can now receive text messages with their mobile work number.

Martha Moe - 701-428-2317 / [martham@sendcaa.org](mailto:martham@sendcaa.org)

Sharla Olson - 701-347-1134 / [sharlao@sendcaa.org](mailto:sharlao@sendcaa.org)

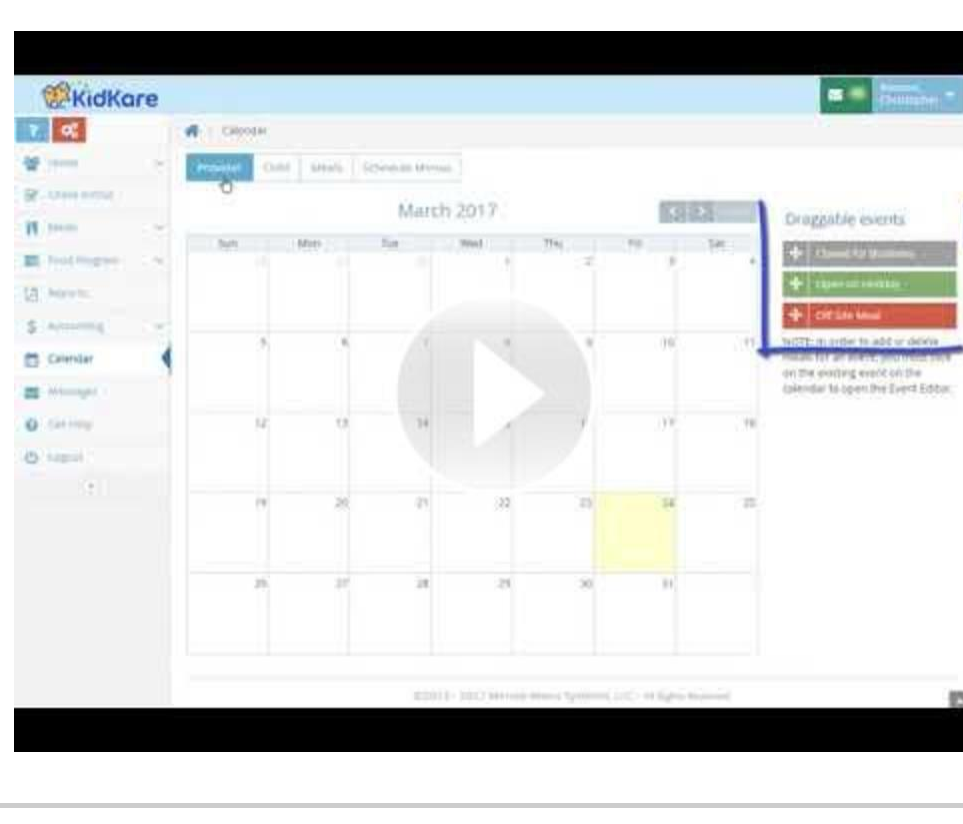
Heide Martin - 701-566-9447 / [heidem@sendcaa.org](mailto:heidem@sendcaa.org)

Bonnie McNamee - 701-330-2390 / [bonniem@sendcaa.org](mailto:bonniem@sendcaa.org)

### Using the KidKare Calendar

Did you know that you can document your days off in KidKare by using the calendar? Even if you use manual claims you have access to your free KidKare account. Contact your home monitor if you have any questions or would like your login credentials sent to you.

Watch the video below to see how quick and easy it is!



### Contact Us

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U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410  
or fax: (833) 256-1665 or (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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