



SENDCAA NEWS

CACFP Edition | December 2021

2022 Calendars Were Shipped!

Once again, we are happy to be able to provide this great resource to all of our child care providers. The 2022 Nutrition Calendar, "Imagination Station", is full of monthly snacks and recipes, craft and physical activities, newsletters and record keeping pages. We will also be offering an at-home training to go along with it, that will be Growing Futures approved, beginning in the new year.



Is It Whole Grain Rich?

Don't let product manufacturers fool you! Be sure to read the ingredient label! Look to see if the first ingredient has the word "WHOLE" with it. Below are a few examples of creditable Whole Grain products and a few that are NOT creditable as a Whole Grain. However, all are creditable grains.

Goldfish Whole Grain and *Triscuit* crackers are good examples of whole grain rich products. Whole wheat is listed as the first ingredient, and all other grain ingredients are enriched.

Contact your home monitor if you have questions about certain products. They would be happy to assist!



ENRICHED FLOUR (WHEAT FLOUR), NIACIN, REDUCED IRON, THIAMIN, MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID, SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS, WHOLE WHEAT FLOUR, SKIM MILK CHEESE (SKIM MILK, WHEY PRO-TEIN, CHEESE CULTURES, SALT, ENZYMES, ANNATTO EXTRACT FOR COLOR), CONTAINS TWO PERCENT OR LESS OF SALT, PAPRIKA, YEAST, PAPRIKA EXTRACT COLOR, SOY LECITHIN



UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR), NIACIN, REDUCED IRON, THIAMIN, MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WHOLE GRAIN WHEAT FLOUR, SOYBEAN OIL, SUGAR, PARTIALLY HYDROGENATED COTTONSEED OIL, LEAVENING (CALCIUM PHOSPHATE AND/OR BAKING SODA), SALT, HIGH FRUCTOSE CORN SYRUP, SOY LECITHIN



WHOLE WHEAT, SOYBEAN AND/OR PALM OIL, SALT.



MADE WITH SMILES AND WHOLE WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), ANNATTO, CANOLA AND/OR SUNFLOWER OIL, SALT, CONTAINS 2% OR LESS OF YEAST EXTRACT, PAPRIKA, SPICES, CELERY, BAKING SODA, MONOCALCIUM PHOSPHATE, ONION POWDER.

Reminder: Not Creditable

Kraft Singles are NOT a creditable cheese with the CACFP, since it is a "cheese product".



KidKare

If you are a KidKare user, be sure to be entering your meals in daily. The end of the month has been shown to have very slow load times as all providers are submitting claims across the nation.

Many useful reports can be found in your KidKare account! Here is how to find a few of the most asked about reports: (Look for the Reports tab along the left hand side of your KidKare homepage.)

Monthly Payment Report

Reports > Claim Statements > Payment Details > Choose Month > Click Run

Claim Summary and Errors Report

Reports > Claim Statements > Claimed Summary and Error > Choose Month > Click Run

Tax Report

Reports > Claim Statements > Tax Report > Choose Year > Click Run

Even if you document your claims manually you have access to a KidKare account to see these reports. Contact your home monitor to assist in getting logged in or if you would be interested in switching to documenting online instead of manually.

Infant Menu Documentation

All infants, **6 months and older**, are required to be offered all required components at all meals.

If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.

Weekly Menu Ideas

SENDCAA Child & Adult Care Food Program					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mixed Berries Yogurt Milk	Grapes WG Bagel Milk	Apple Slices Blueberry Muffin Milk	Hash Browns Scrambled Eggs Milk	Apricots WG French Toast Milk
Lunch	Bean & Ham Soup Tossed Lettuce Salad Mandarin Oranges WG Diner Roll Milk	Chicken Tacos with Cheese Lettuce & Tomato Corn WG Flour Tortilla Milk	Hamburger Mixed Veggies Cantaloupe WG Bun Milk	Egg Salad Sandwich Carrot Sticks Pears WG Pita Bread Milk	HM Macaroni & Cheese Steamed Broccoli Raspberries Macaroni Milk
Snack	Milk Pumpkin Muffins	Carrots Hummus	Peaches Graham crackers	Blueberries Yogurt	Snap Peas Pretzels
*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older					

Holiday Snack Ideas

There are endless ways to jazz up your snacks for the holidays! Fruits and vegetables not only provide great nutritional benefits but also so much color! Decorate mini bagels and cream cheese ornaments, make santa and snowman cups or grinch kebabs!



December Calendar Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. The Parent Connections monthly newsletters are ready for you to add your own info at the bottom of the page; and the activity pages contain recipes, craft activities, movement activities and more. Click each picture to download the resource.



Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and staff.

2022 Calendar- COMING SOON!

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Log into Growing Futures](#)



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