

# Community Helpers

Good People Everywhere

## MAIL



**Learn it** Postal workers are responsible for delivering mail and picking up mail to send to others. We see deliveries in snow, rain, sleet and sun. The mail is always there!



### Read it

*In the Post Office Book: Mail and How it Moves* by Gail Gibbons is a fun book to help children learn how letters are sorted, transported and delivered after they are dropped off at the post office.



### Move it

It's time for a post office delivery relay! You will need two large boxes for mail bins and at least one or two envelopes for each child to deliver. Divide the children into two teams. Place the large boxes on one side of the room, opposite of the teams. Each child will have to deliver their mail by running across the room and putting their envelope into the large box. When they are done, they run back to their team and the next child in line goes. The relay is finished when each team member has delivered all their mail to the mail bins.



### Make it

Postcards are a fun way to send a note through the mail about a trip you are on. Your children can design their own postcard with paint, markers and crayons. Using large blank index cards, ask the children to design a card on one side and write a few words on the other side with their name. Using a fun stamp, ask them to stamp the right corner and work on addresses by putting their address on the designated spot under the stamp.



### Imagine it

Gather various sorts of junk mail: magazines, advertisements, large postcard mailers, business mailers, different colored envelopes, etc. The children can play post office by sorting through the mail. Can they group all of the magazines together? All of the large postcards together? Add to the fun by asking them to group by colors.



POST

# February

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*Community Helpers* Good People Everywhere

**Postal Workers** deliver important mail and packages to people around the world.

**COLOR A STAMP**

