



SENDCAA NEWS

CACFP Edition | May 2022

Summer Care

Please let your home monitor know if you plan to close for all or part of the summer months. Partial claim months can and should be submitted.

Home Visits

We are excited to announce that our home monitors will be making a comeback to in-person visits this summer! We are so excited to see all of you and your kiddos! It is very important to let your home monitor know if you are closed. Please contact your home monitor if you will be closed for vacation, picnic off-site, illness or positive COVID case and are isolating or quarantined. You can also track your days off in the KidKare calendar. If you have any questions about the return of our home visits or have certain visitation protocols, please let your home monitor know. All of our home monitors can now receive text messages with their mobile work number.

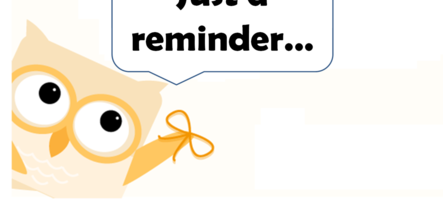
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*If you have any questions, please do not hesitate to reach out to your home monitor.

Infant Menu Documentation

All infants, **6 months and older**, are required to be offered all required components at all meals.

If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.



May Flowers

April Showers Bring May Flowers! Lets at least pretend in our kitchen that spring is here! Put your little gardeners to work making a flower display on their plates for snack. Strawberries and kiwi brighten up the day, mini rice cakes with sliced grapes and strawberries make a pretty platter, and carrot sticks and celery go from boring to fun with a simple floral display. What ways can you bring spring into your snacks?! Share your ideas with us by emailing your home monitor or posting on our Facebook page.



Weekly Menu Ideas

| SENDCAA Child & Adult Care Food Program | | | | | | |
|---|---|---|--|--|--|--|
| A Week's Worth of Menu Ideas | | | | | | |
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Breakfast | Banana WG Mini Wheats Milk | Raspberries Egg Bake Milk | Cantaloupe WG Toast Milk | Strawberries Rice Krispies Milk | Blueberries WG Oatmeal Milk | |
| Lunch | Egg Salad Cucumber Slices Peaches WG Bread Milk | Turkey Green Beans Pineapple WG Brown Rice Milk | Baked Chicken Peas Mashed Potatoes Stuffing Milk | Beef Meatballs Marinara Sauce Caesar Salad WG Spaghetti Milk | Beef Chili Chili Beans Pears Corn Bread Milk | |
| Snack | Yogurt Mixed Berries | Cinnamon Toast Milk | String Cheese Apple Slices | Snap Peas Orange Slices | Pretzels Milk | |
| *Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older | | | | | | |

Banana Pudding

1/2 cup Granola
 3 Bananas
 1/2 cup Applesauce
 1/2 cup vanilla yogurt

- In a large zip top plastic bag, add granola. Squeeze any air out of bag and seal. Lightly crush granola using a can or the bottom of a measuring cup.
- Peel bananas. Use your fingers to break them up into the bag of crushed granola.
- Add applesauce and yogurt to banana mixture in bag.
- Press out any extra air before sealing bag.
- Use your fingers to squish and mash ingredients together until well blended.
- Chill pudding inside sealed bag in the refrigerator until ready to serve.

*Credits as a meat alternate and a fruit



May Calendar Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. The Parent Connections monthly newsletters are ready for you to add your own info at the bottom of the page; and the activity pages contain recipes, craft activities, movement activities and more. Click each picture to download the resource.



Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

[2022 Calendar](#)

[Nutrition Facts Label](#)

[Infant Feeding Guide](#)

[Nutrition & Wellness Tips for Young Children](#)

[Identifying Whole Grain-Rich](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

[Login into Growing Futures](#)

KidKare

If you are a KidKare user, be sure to be entering your meals in daily. The end of the month has been shown to have very slow load times as all providers are submitting claims across the nation.

KidKare Help Page

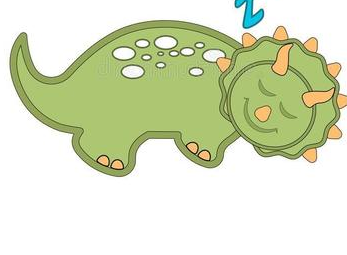
KidKare has a great resource page for all topics. Check it out to learn all the features KidKare has to offer.

<https://help.kidkare.com/help/providers>



What do you call a sleeping dinosaur?

A dino-snore!



Contact Us

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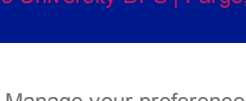
E-mail: foodprogram@sendcaa.org

Website: www.sendcaa.org/foodprogram



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